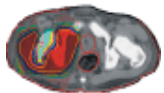




# Modern Treatment Planning

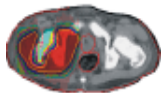




# INTRODUCTION

Treatment planning is the process of determining the most appropriate way to irradiate the patient

1. Choosing an appropriate patient positioning and immobilisation method so that treatments will be reproducible;
2. Identifying the shape and the location of the tumor and of the neighbouring organs at risk;
3. Selecting a suitable beam arrangement;
4. Evaluating the resulting dose distribution;
5. Calculating the treatment machine setting to deliver the required absolute dose.



# PATIENT IMMOBILISATION

## Head immobilisation accessories:

- Patients to be treated in the head and neck or brain areas are usually immobilized with a plastic mask which, when heated, can be moulded to the patient's contour.
- The mask is affixed directly onto the treatment couch or to a plastic plate that lies under the patient thereby preventing movement.



# PATIENT IMMOBILISATION

## Fixations for special treatment techniques:

- ❑ Special techniques, such as **stereotactic radiosurgery**, require such high precision that conventional immobilization techniques are inadequate.
- ❑ In radiosurgery, a **stereotactic frame** is attached to the patient's skull by means of screws and is used for target localization, patient setup, and patient immobilization during the entire treatment procedure.



## Patient data acquisition

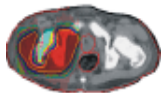
First step in the TPS process. It is required for three different purposes:

1. To assess the position and extent of the target volume in relation to the other anatomical structures, particularly the organs at risk;
2. To acquire the data required for accurate computation of the dose distribution (shape and composition of the body);
3. To acquire the information necessary for the accurate set up of the patient (landmarks, reference structures, ...);



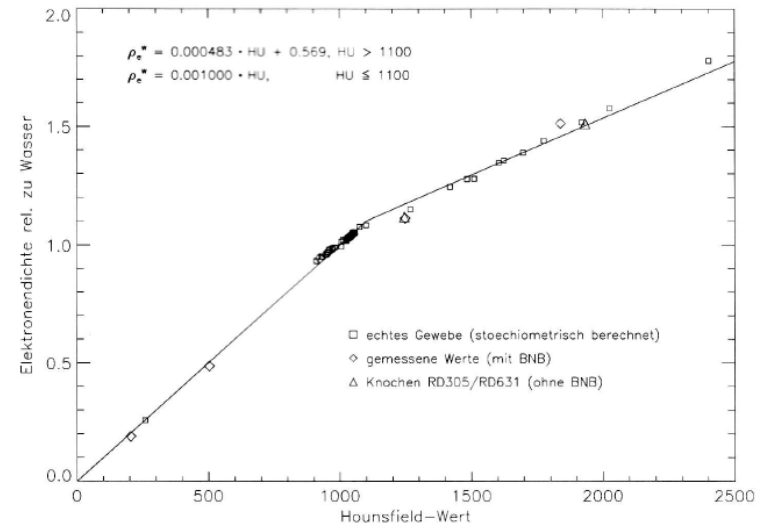
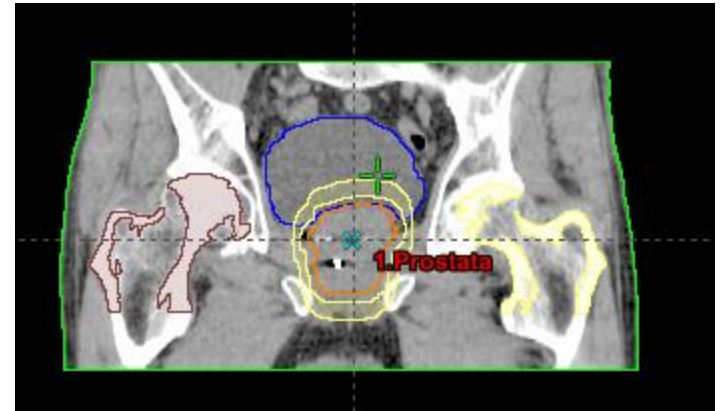
# PATIENT DATA ACQUISITION: COMPUTER TOMOGRAPHY

- Enormous technical breakthrough:  
From 2-dim projections CT computes a property of the patient at every point within the the 3D space (resolution < 1 mm)
- Measured property:  
Linear x-ray absorption coefficient of the tissue relative to that of water (expressed in Hounsfield units)



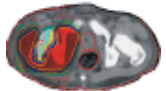
# COMPUTER TOMOGRAPHY FOR TREATMENT PLANNING

- Definition of targets and OARs
- Basis for dose calculation  
Tissue heterogeneities are considered quantitatively.  
Problem: CT numbers measured at kV energies, patient treated at MV energies!





# Target Definition





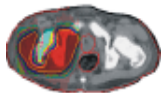


## TARGET DEFINITION: Gross tumor volume

Radiotherapy is a **local** treatment  
(which is complementary to systemic treatments)

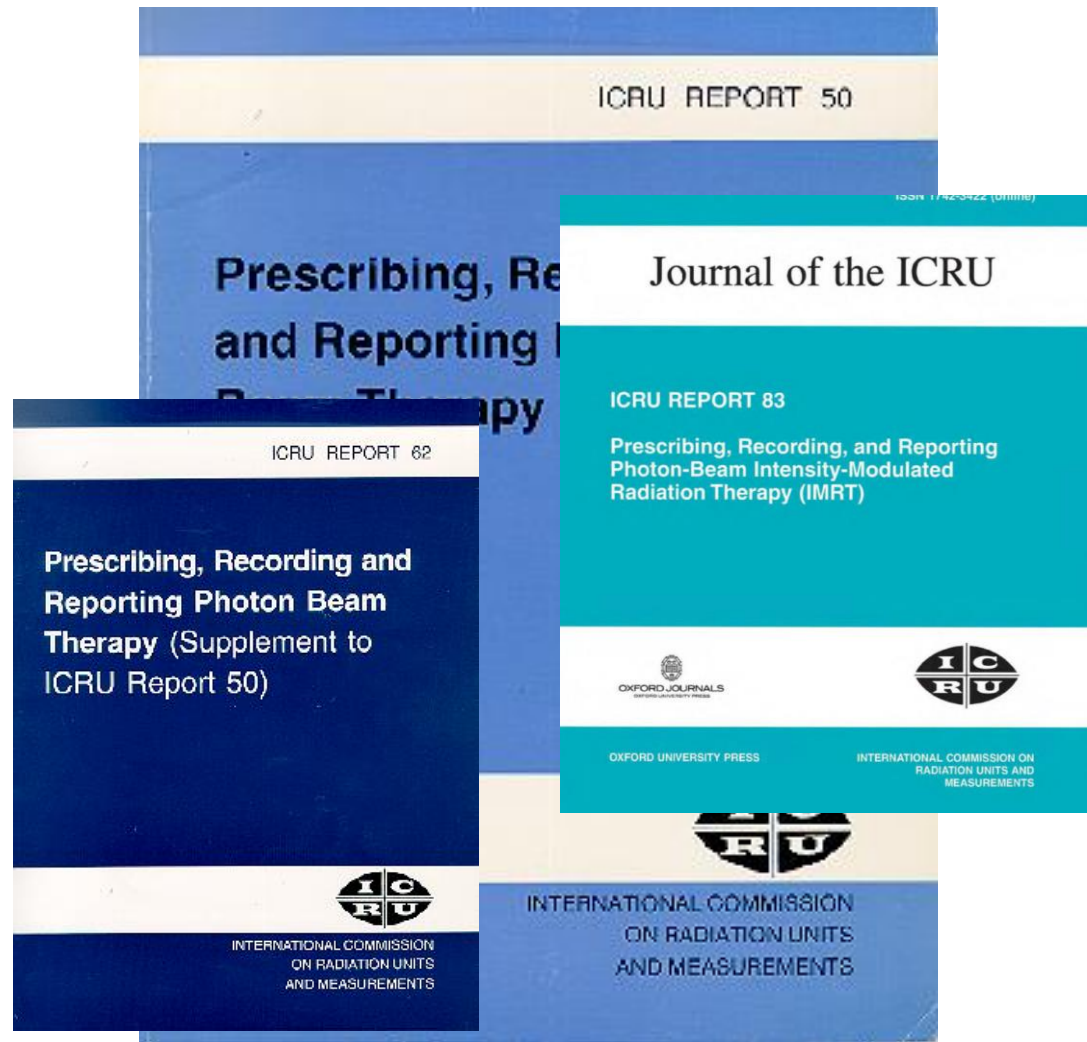
Therefore it is an essential part of the  
TP-process to:

- (a) Define the tumor
- (b) Define organs at risk (OAR)



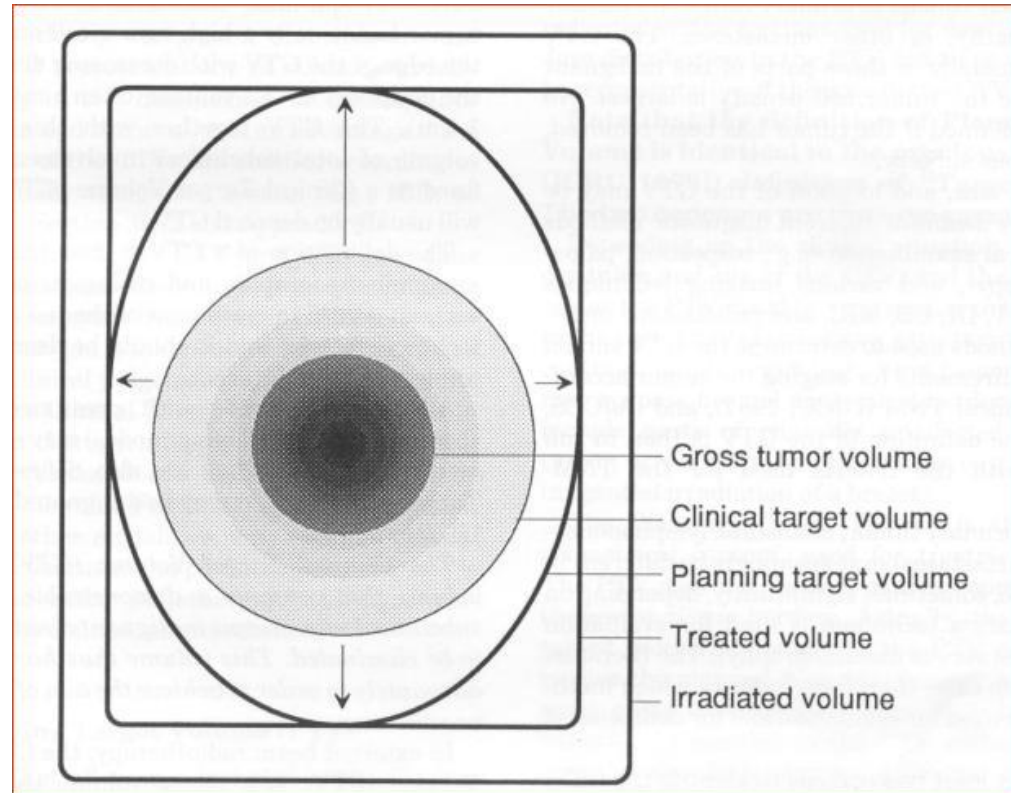
# RECOMMENDATIONS BY THE ICRU

- **International Commission on Radiation Units and Measurements**
- **ICRU reports provide guidance on prescribing, recording and reporting**



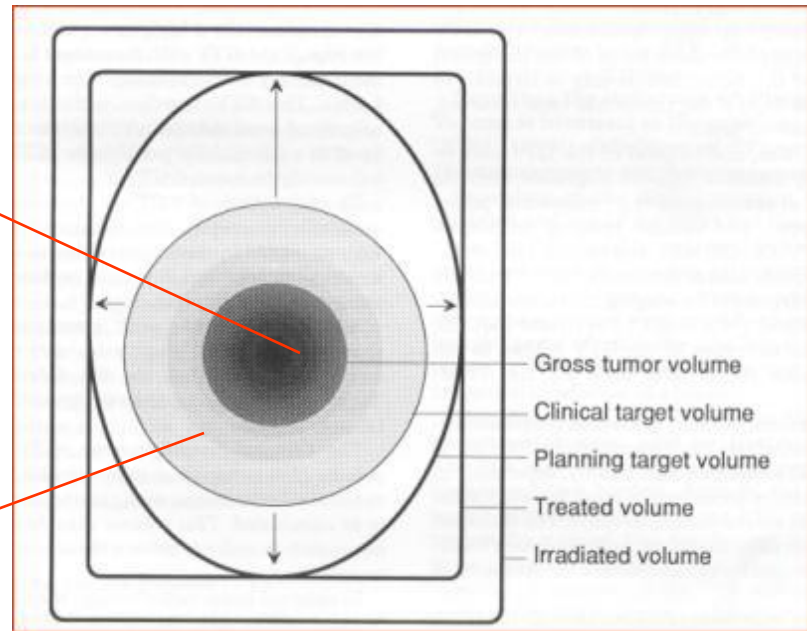
# TUMOR RELATED TERMS

## ■ ICRU report 50



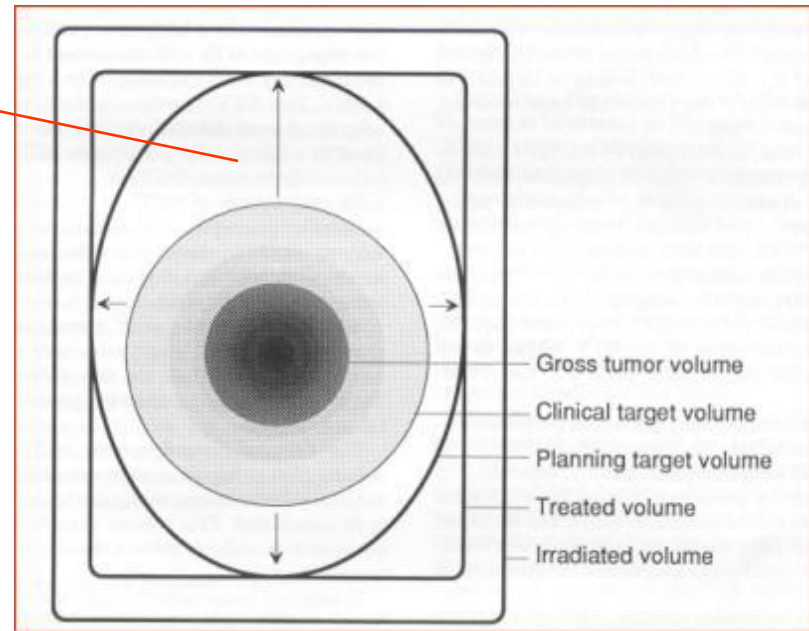
# TUMOR RELATED TERMS

- Gross Tumour Volume (GTV) = clinically demonstrated tumour
- Clinical Target Volume (CTV) = GTV + extension for microscopic malignant disease



# TUMOR RELATED TERMS

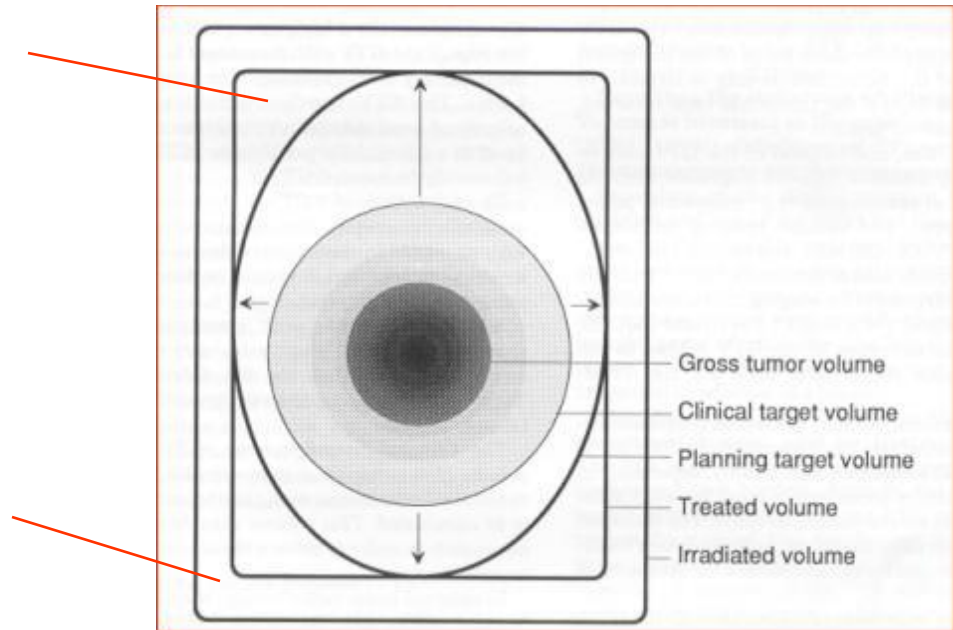
Planning Target Volume (PTV) = volume planned to be treated = CTV + margin for set-up uncertainties and potential of organ movement



# TUMOR RELATED TERMS

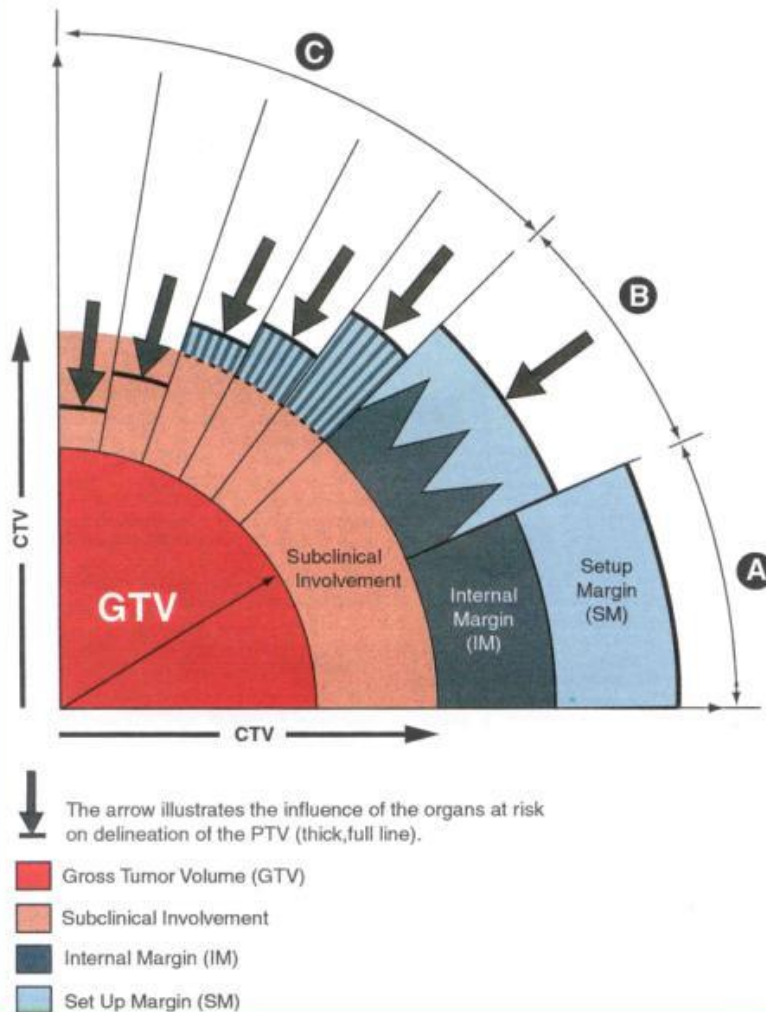
Treated Volume =  
volume that receives  
dose considered  
adequate for clinical  
objective

Irradiated volume =  
dose considered not  
negligible for normal  
tissues





# DEFINITIONS FROM ICRU 62



**The concept of margins was expanded on by ICRU report 62**

- **Internal margin = due to organ motion**
- **Set-up margin**

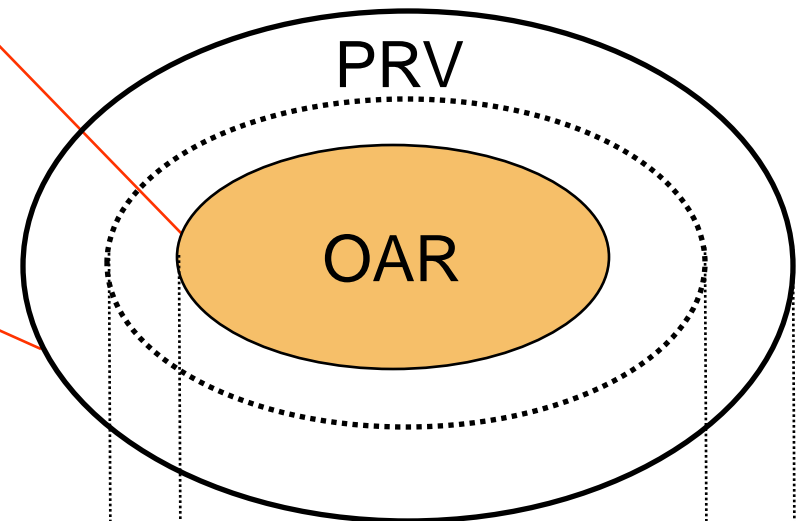
**The two are often combined as independent uncertainties**

# NORMAL TISSUE RELATED TERMS

- **Organ at risk (OAR) = any organ of normal tissue which might be impacted by radiation dose**

- **Planning risk volume (PRV) = OAR + IM + SM**

- **IM = margin for expected physiological movements and size variation**

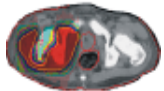


- **SM = margin for uncertainties in patient positioning and beam alignment**





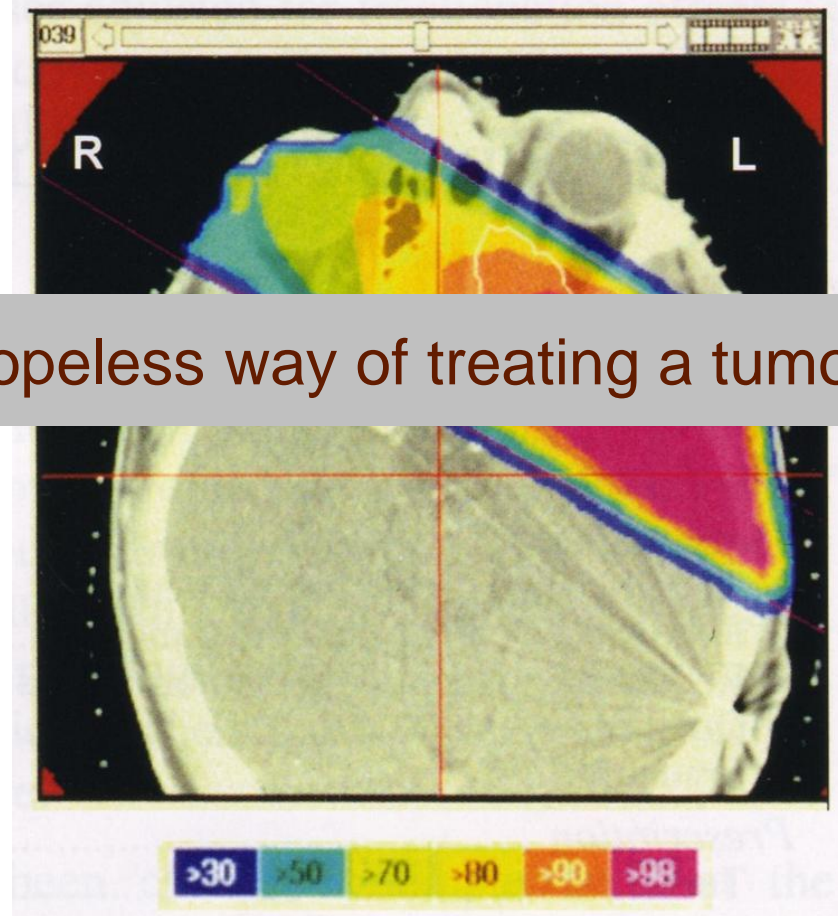
# Designing a treatment plan



# INTRODUCTION

Application of one treatment beam to a patient:

- Proximal dose is higher than tumor dose
- Beam exits through the eye



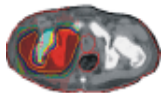
Hopeless way of treating a tumor



# INTRODUCTION

## Solution:

- Tumor cannot be treated using ONE single photon beam
- Use multiple cross-firing beams that concentrate dose within the target
- A **treatment plan** is the *set* of cross-firing beams and their *weights*



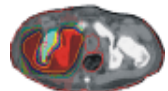


# REQUIREMENTS ON THE OVERALL TREATMENT

The clinician must specify the:

- Fractionation scheme
- Prescription dose

	Physician's Intent
Prescription ID	1.1
Predecessor ID	
Status	Reviewed
Patient Orientation	
Volume (Site)	Breast, Left
Treatment Type	3D-Planung
Energy Mode	
Depth	
Prescribed %	
Prescribed Dose / Fraction [Gy]	2.000
Planned Dose / Fraction [Gy]	
Planned No. Fractions	30
Fractions per Week	5
Fractions per Day	1
Delivered Dose to Date [Gy]	+
Delivered No. Fractions to Date	
Remaining Dose [Gy]	+
Remaining No. Fractions	
Planned Total Dose [Gy]	= 60.000
Note	1.Serie bis 50 Gy, dann Boost bis 60 Gy
Entered By	kati
Entered Date	28.01.2008 11:24:28
Reviewed By	kschneider
Reviewed Date	28.01.2008 15:09:58
Create Plan...	Create Plan...
Treat Approved By	
Treat Approved Date	



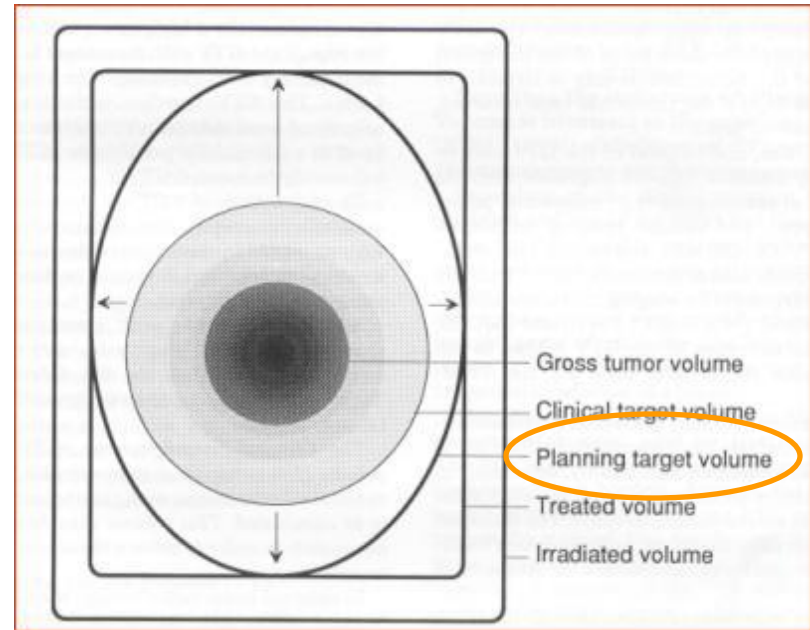
# REQUIREMENTS REGARDING THE TUMOR

Tumor dose is prescribed  
to the PTV:

- Point-Dose prescription
- Dose homogeneity

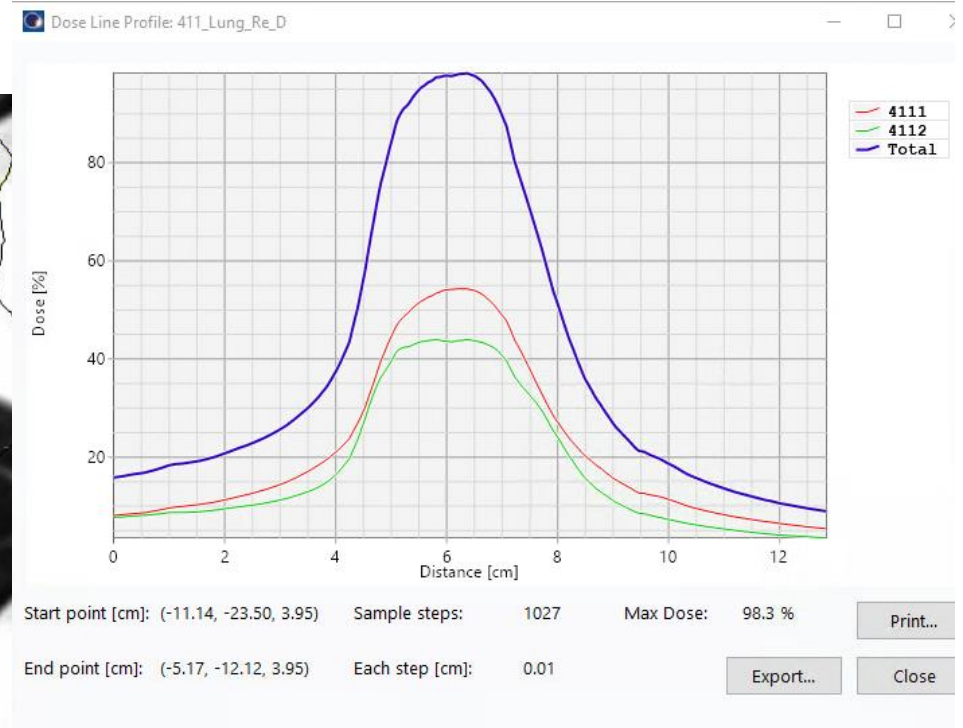
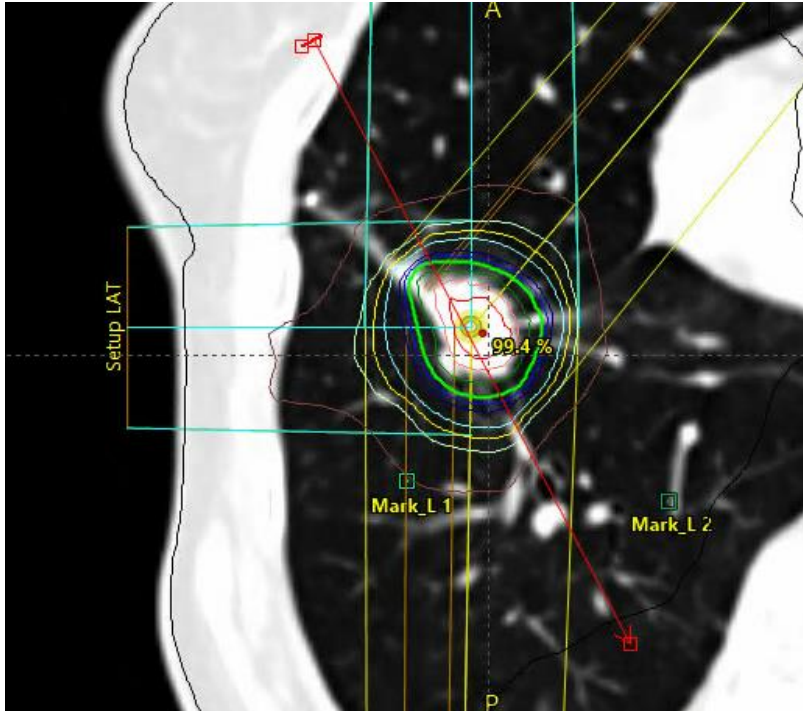
ICRU recommendations:

$$95\% < Dose_{pres} < 107\%$$



# Prescribing dose in stereotactic RT

Dose profile is Gaussian shaped:





# Prescribing dose in stereotactic RT

## Conformity and prescription depends:

- machine
- filters used
- size of MLC/collimators
- SSD
- .....

## Isodose Prescription:

$$50\% < Dose_{pres} < 90\%$$

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Journal of the ICRU

ICRU REPORT 91

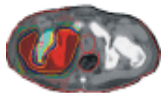
Prescribing, Recording, and Reporting  
of Stereotactic Treatments with Small  
Photon Beams

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INTERNATIONAL COMMISSION ON  
RADIATION UNITS AND  
MEASUREMENTS











# Dose evaluation in stereotactic RT

## Application of the LQ-model is questionable:

Radiotherapie Hirslanden

Eigentum von: Radiotherapie Hirslanden AG, 5001 Aarau



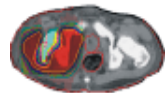
RL.34.001

Tabelle 1. Dosisgrenzwerte für gesundes Gewebe und Organe

Organ / Gewebe	5 Fraktionen		3 Fraktionen		1 Fraktion		Kommentare und Bemerkungen	Endpoint $\geq$ Grade 3 Complication if not commented differently / comments	Reference
	Optimal	Mandatory	Optimal	Mandatory	Optimal	Mandatory			
Hirnstamm	$D_{0.035} \text{cm}^3 < 23\text{Gy}$	$D_{0.035} \text{cm}^3 < 31\text{Gy}$ $D_{0.5} \text{cm}^3 < 23\text{Gy}$	$D_{0.035} \text{cm}^3 < 18\text{Gy}$	$D_{0.035} \text{cm}^3 < 23.1\text{Gy}$ $D_{0.5} \text{cm}^3 < 15.9\text{Gy}$	$D_{0.1} \text{cm}^3 < 10\text{Gy}$	$D_{0.035} \text{cm}^3 < 15\text{Gy}$ $D_{0.5} \text{cm}^3 < 10\text{Gy}$		Grade 3+ cranial neuropathy	UK SABR [15], Timmer. 2022 [13]
						$D_{\text{max}} < 12.5\text{Gy}$	risk rate <5%	Grade 3+ cranial neuropathy	Mayo et al. [12]
Gehirn zus. mit GTV		$V_{29\text{Gy}} < 20\text{cm}^3$		$V_{23\text{Gy}} < 20\text{cm}^3$		$V_{14\text{Gy}} < 20\text{cm}^3$	Prior whole brain RT appears to not markedly increase risks in most reports (with the exception of brainstem). However, repeat SRS/fsRS to the same area has been associated with markedly increased risks. [4]	3.4% risk of Grade 3 Toxicity (Necrosis)	HyTEC Brain 2020 [4]
						$V_{14\text{Gy}} < 10\text{cm}^3$		0.8% risk of Grade 3 Toxicity (Necrosis)	
						$V_{14\text{Gy}} < 5\text{cm}^3$		0.4% risk of Grade 3 Toxicity (Necrosis)	
						$V_{12\text{Gy}} < 5\text{cm}^3$		10% risk of radionecrosis	
						$V_{12\text{Gy}} < 10\text{cm}^3$		15% risk of radionecrosis	
		$V_{24\text{Gy}} < 20\text{cm}^3$		$V_{20\text{Gy}} < 20\text{cm}^3$				<10% risk of any necrosis or edema, and <4% risk of radionecrosis requiring resection	
	$V_{24\text{Gy}} < 30\text{cm}^3$		$V_{20\text{Gy}} < 30\text{cm}^3$			<20% risk of any necrosis or edema, and <4% risk of radionecrosis requiring resection			
Sehbahnen (Optic tract) und Chiasma	$D_{0.035} \text{cm}^3 < 22.5\text{Gy}$	$D_{0.035} \text{cm}^3 < 25\text{Gy}$ $D_{0.2} \text{cm}^3 < 23\text{Gy}$	$D_{0.035} \text{cm}^3 < 15\text{Gy}$	$D_{0.035} \text{cm}^3 < 20\text{Gy}$ $D_{0.2} \text{cm}^3 < 15.3\text{Gy}$	$D_{0.035} \text{cm}^3 < 8\text{Gy}$	$D_{0.035} \text{cm}^3 < 10\text{Gy}$ $D_{0.2} \text{cm}^3 < 8\text{Gy}$	Prior RT exposure of the optic pathway (either whole brain RT or SRS/fsRS) appears to markedly increase risks [6]	<1% risk of Grade 3+ optic neuropathy, Grade 3+ optic neuritis	UK SABR [15], HyTEC Optic Pathways 2017 [6], AAPM [1], Timmer. 2022 [13]
Orbita					$D_{0.1} \text{cm}^3 < 8\text{Gy}$			Retinopathy	UK SABR [15]
Retina		$D_{\text{max}} < 5\text{Gy}$		$D_{\text{max}} < 5\text{Gy}$		$D_{\text{max}} < 5\text{Gy}$		Retinopathy	Grimm et al [5]

Q:\RTH EAST\Richtlinien

Seite 5 von 10

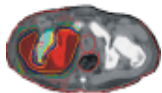




## REQUIREMENTS REGARDING THE NORMAL TISSUES (OAR)

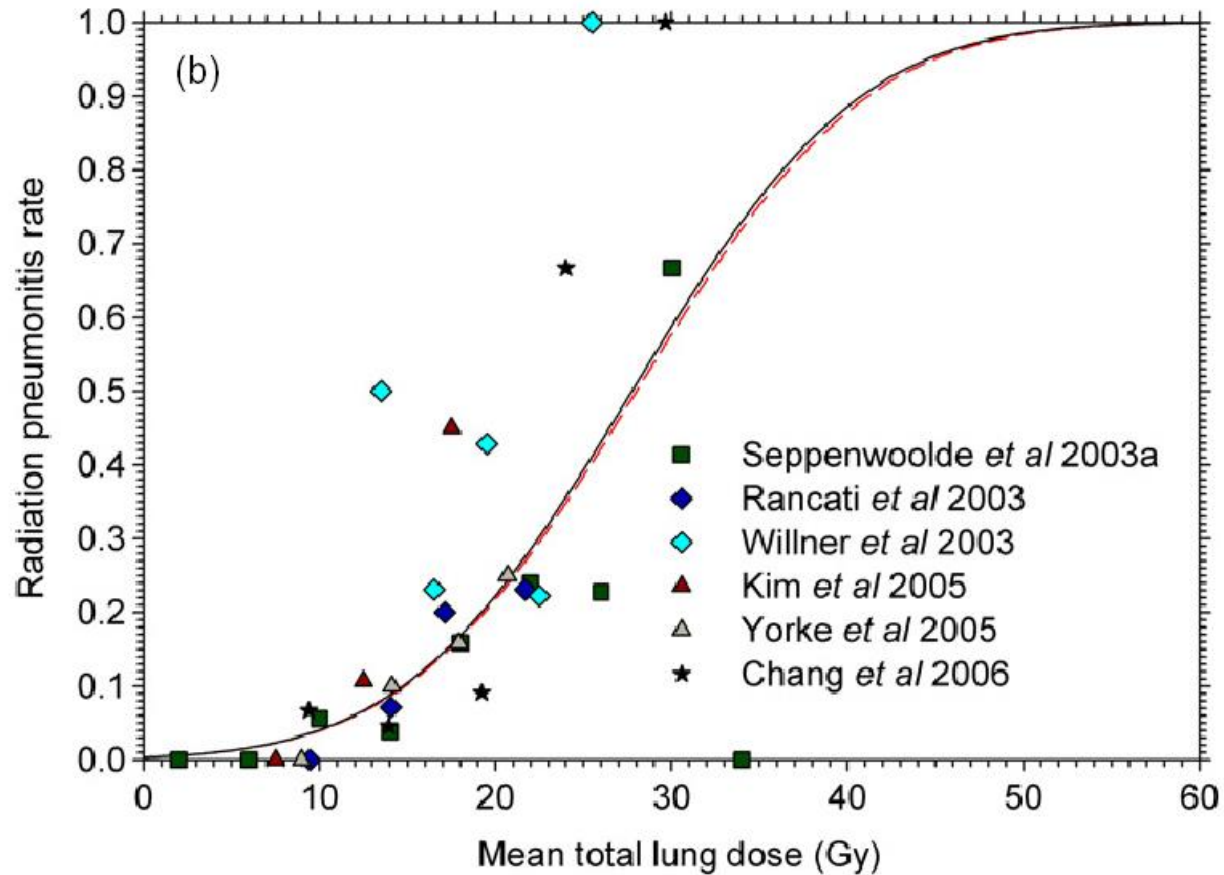
Requirements on OARs are stated as constraints:

- Constraints on dose and volume:  
*“no more than 1/3 of the kidney may receive more than 60 Gy”*
- Biological constraints:  
*“the normal tissue complication probability (NTCP) for pneumonitis of the lung should not exceed 1 %”*
- Constraints on dose fraction:  
*“the maximum dose per fraction delivered to the optic nerve may not exceed 1.5 Gy”*



# REQUIREMENTS REGARDING THE NORMAL TISSUES (OAR)

Radiation pneumonitis as a function of mean lung dose



# TRADEOFFS

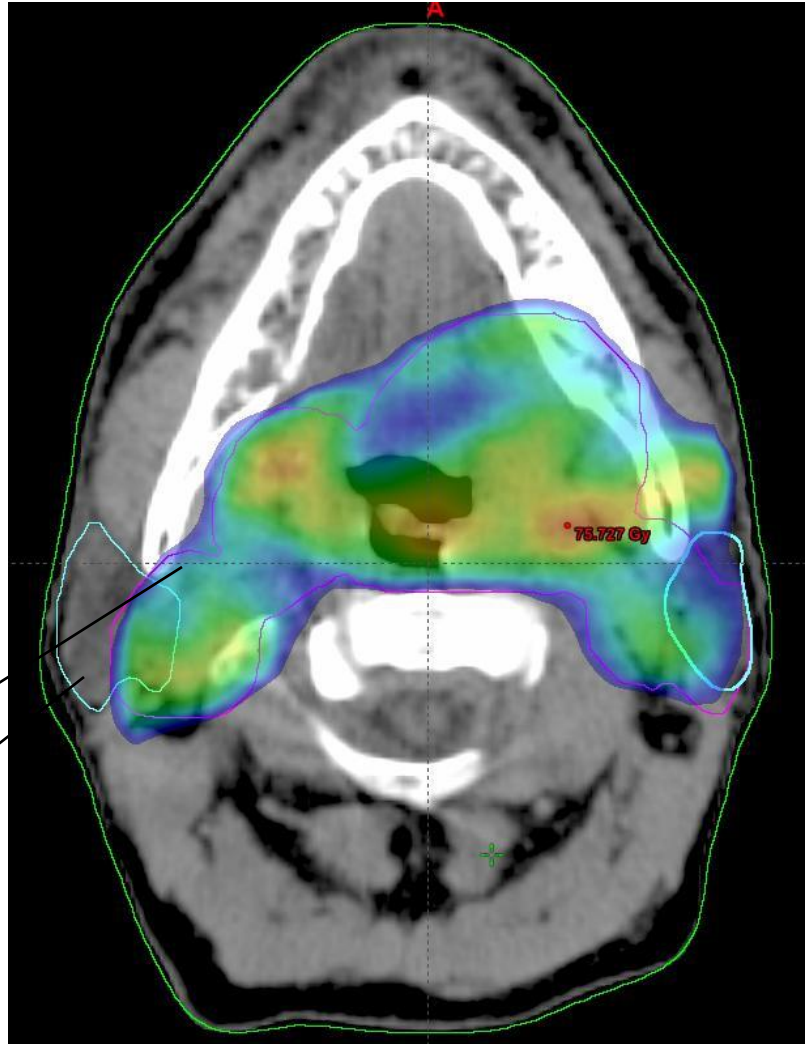
Usually no treatment approach can meet all planning aims.



This will result in tradeoffs amongst target volume and normal tissue aims.

Example:

- treatment of the total PTV up to 70 Gy
- sparing of parotids (mean 26 Gy)





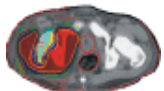
# REPRESENTATION OF DOSE

One cannot discuss the design of a treatment plan until having discussed the tools for inspecting one.

The dose distribution includes:

- The dose from a plan in all 3D-directions
- Anatomical information from one or more imaging studies
- Anatomical information from structure delineation

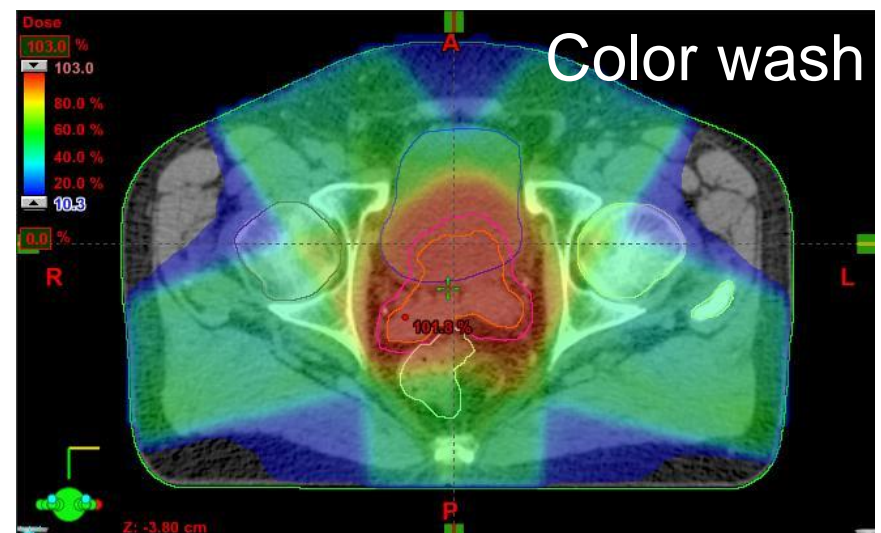
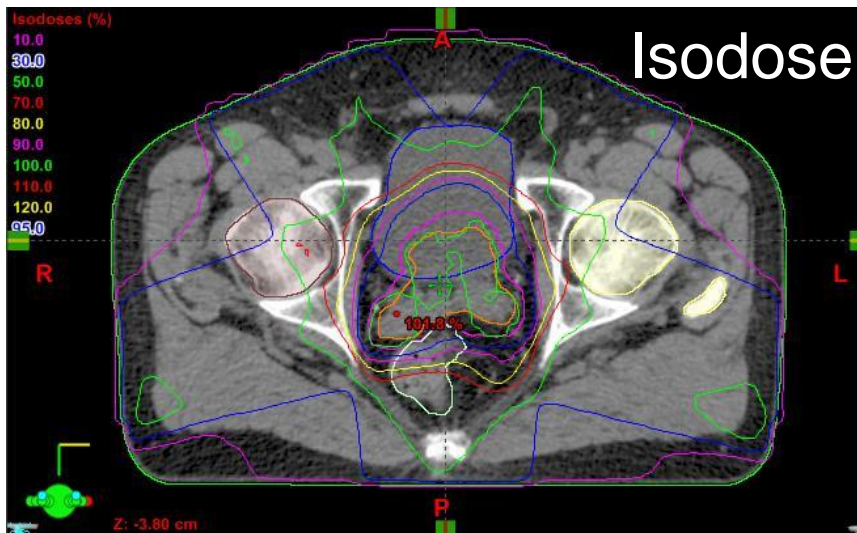
*..... and including variations of these data in time*



## 2D DOSE DISTRIBUTIONS

Dose and anatomy are superimposed:

- Anatomic information is represented by image intensity
- Overlay of the outlines of the delineated structures
- Dose display as isodoses (lines of constant dose) or color wash (dose is related to color)

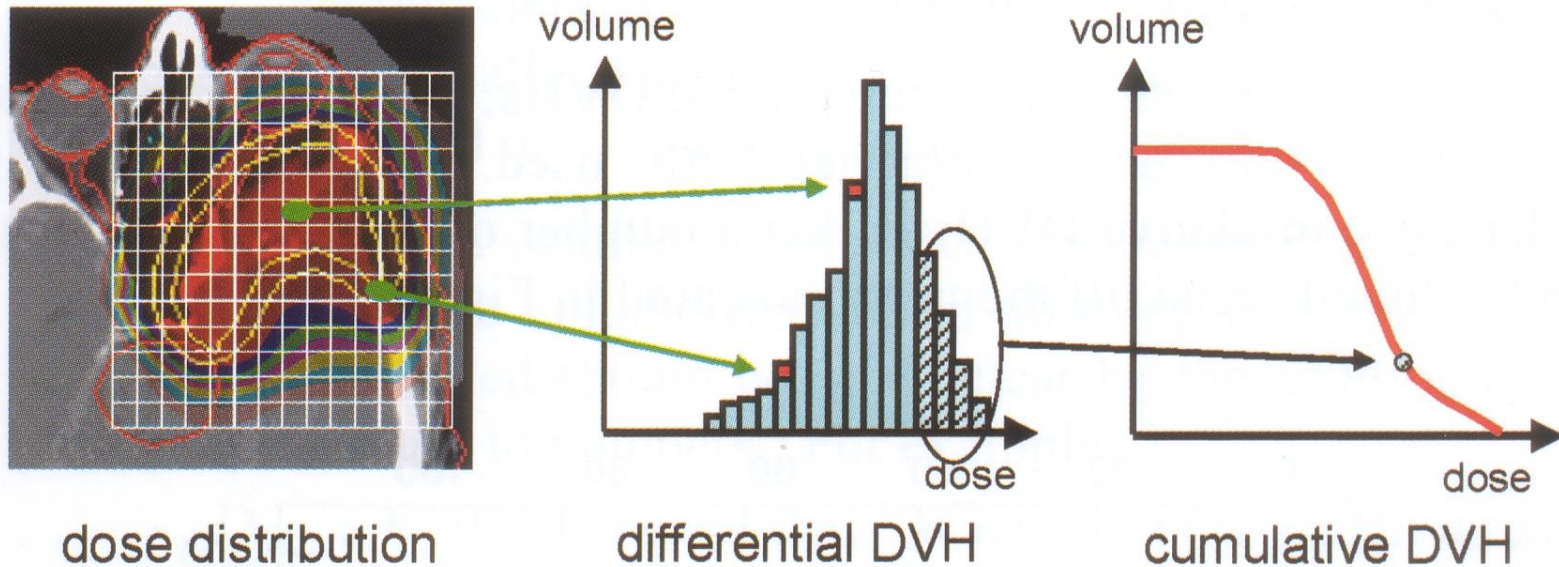




# 1D DOSE DISTRIBUTIONS

Dose-Volume histogram:

Frequency distribution of dose within a VOI



*Attention: spatial information of dose is lost*

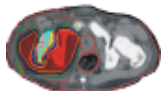


# PRELIMINARIES OF TREATMENT PLANNING

We have been taken care of:

- Imaging studies
- Volumes of interest
- We know how a single photon beam is constructed
- We know how to display dose distributions

*..... Let's start*







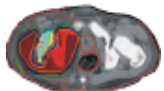
# APPROACHES OF TREATMENT PLANNING

## Manual planning:

- Plan is iteratively improved
- Review of a large number of computed parameters (“expert inspection”)
- Subjective process

## Computer-driven planning:

- Decision about the quality of a plan is made by the computer
- Usually used in intensity-modulated radiotherapy



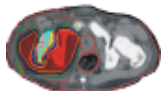


# PLANNING BY HAND

Partial list of variables to optimize plan:

- type of therapy
- type of radiation
- the location of the patient the tumor and OARs
- the number of beams
- the angulation and aiming point of each beam
- the shape of each beam
- the weight and intensity profile of each beam

The choice of these variables is the heart of the planning process

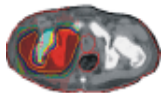




# PLANNING BY HAND

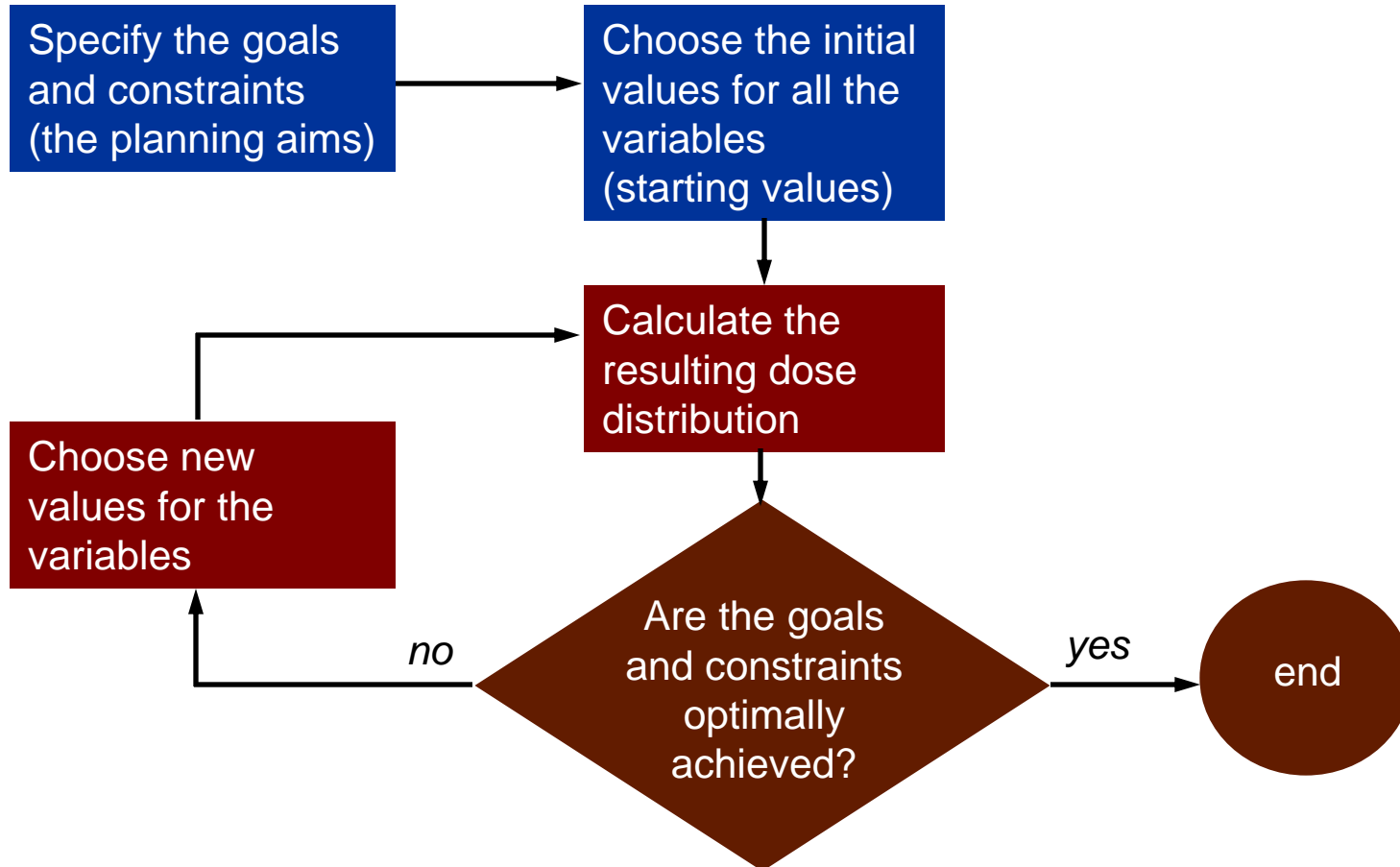
On what is the choice of plan variables based on?

- Plans used previously for similar cases
- Rules of thumb as how to set combinations of plan parameter
- Fast calculation engine to calculate interactively the dose distribution
- Display of that dose distribution
- Calculation of dose statistics
- Iteration of the process to arrive at the best plan
- **EXPERIENCE**



# PLANNING BY HAND

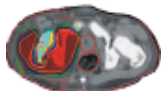
Flow chart for manual planning:





# CHOICE OF RADIATION MODALITY AND BEAM ENERGY

	<i>advantages</i>	<i>disadvantages</i>
photons	<ul style="list-style-type: none"><li>• widely available</li><li>• good skin sparing</li></ul>	<ul style="list-style-type: none"><li>• higher entrance dose than tumor dose</li><li>• high dose through patient up to exit surface</li></ul>
electrons	<ul style="list-style-type: none"><li>• finite penetration, thus sparing tissues distal to the target volume</li><li>• very slight skin sparing</li></ul>	<ul style="list-style-type: none"><li>• broad penumbra due to scattering</li><li>• only suitable for quite shallow targets due to shallow fall-off of the distal dose at higher energies</li></ul>
protons	<ul style="list-style-type: none"><li>• virtually no dose distal to the target volume</li><li>• somewhat reduced entrance dose proximal to the target</li></ul>	<ul style="list-style-type: none"><li>• management of inhomogeneities is not trivial</li><li>• penumbra becomes substantial at large depth</li><li>• no skin sparing</li><li>• limited availability</li></ul>



# CHOICE OF BEAM DIRECTION

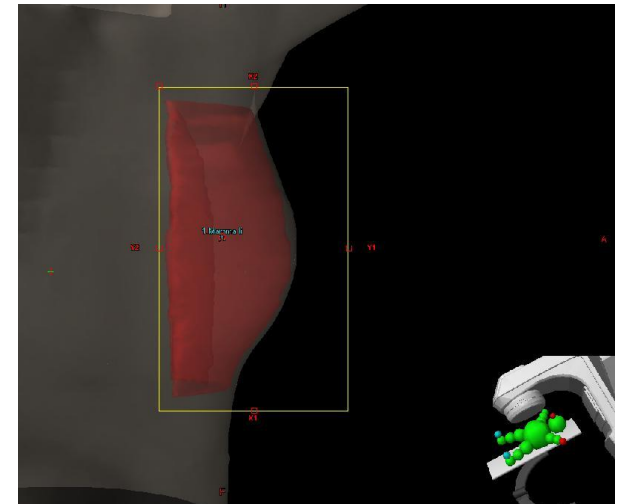
Useful approach for direction selection:

## Beams-Eye-View (BEV):

- Perspective view of the patient's delineated anatomy as seen from the viewpoint of the radiation source
- Change in beam direction changes display
- Shows the spatial relationship between target and the delineated anatomy



turn gantry



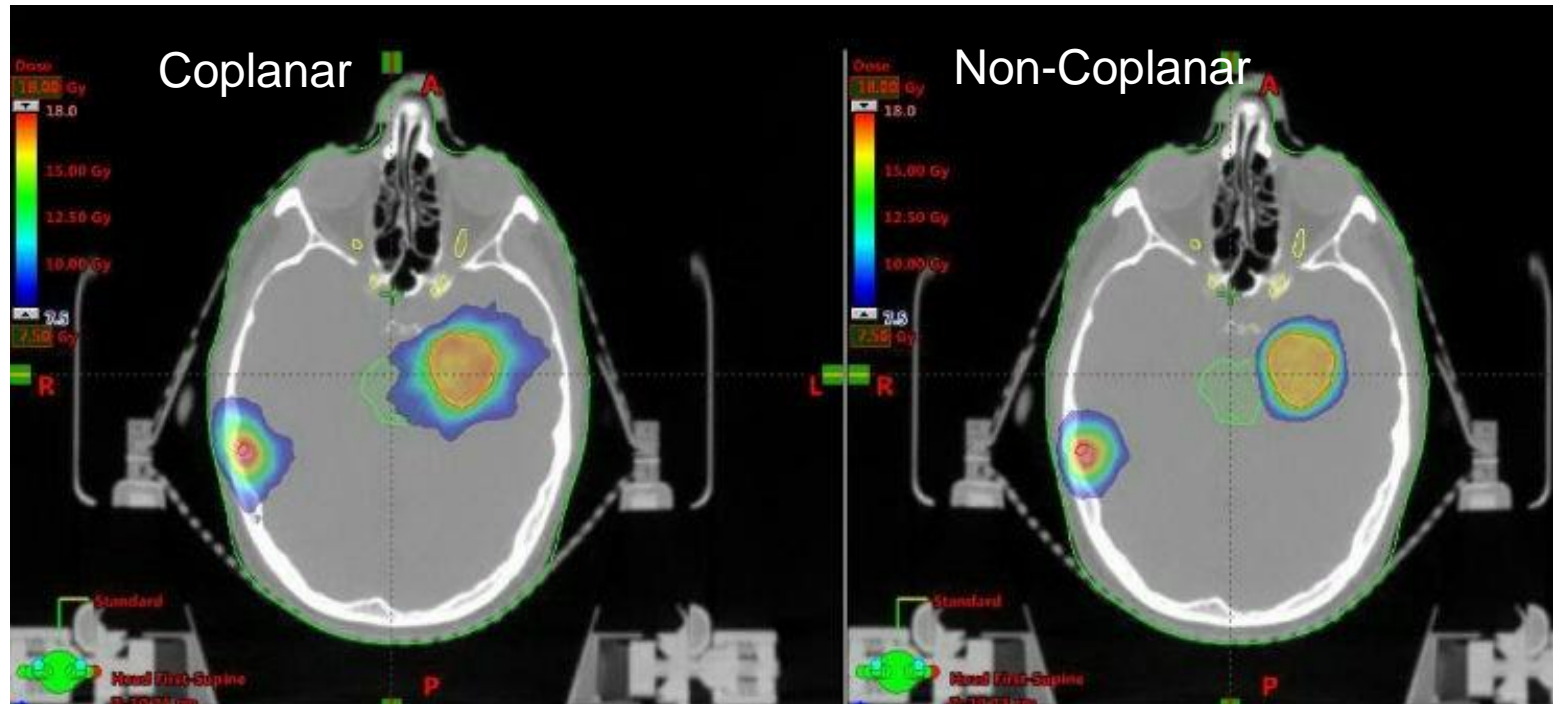
# CHOICE OF BEAM DIRECTION

- Frequently the geometry of the target and the OARs will suggest a particular approach
- Not all beams can avoid all OARs; particular OARs are included in one or more beams: dose < constraints
- Linacs rotate around a central point: *isocenter*
- beam lies in a plane perpendicular to the axis of the gantry's rotation



# CHOICE OF BEAM DIRECTION: NON-COPLANAR BEAMS

- Patient couch can rotate around the isocenter
- Is rarely used for geometrical reasons (patient is a “cylinder”)
- Mostly used in head and neck treatments







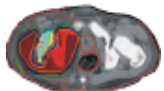
# DESIGN OF FIELD SHAPE

## Goal:

- Cover the entire CTV
- Do this with adequate margins (PTV) to take care of patient and organ motion, setup errors and penumbra
- Avoid OARs or minimize volume of OARs that is covered by the beam

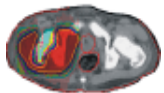
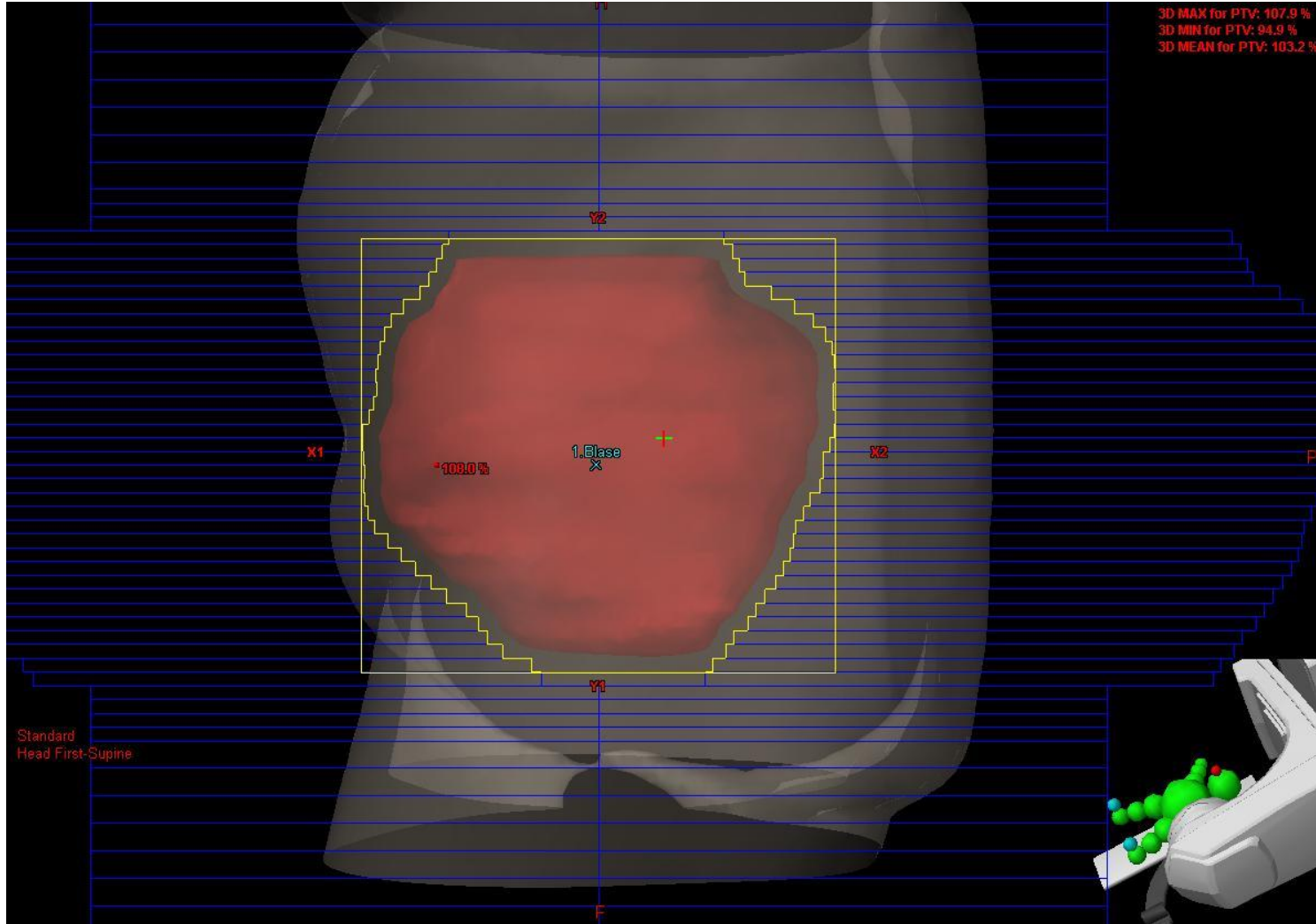
## Use Beams-Eye-View (BEV):

- Setting the collimator
- Setting the jaws (size of the rectangular field)
- Design of blocks or MLC-settings





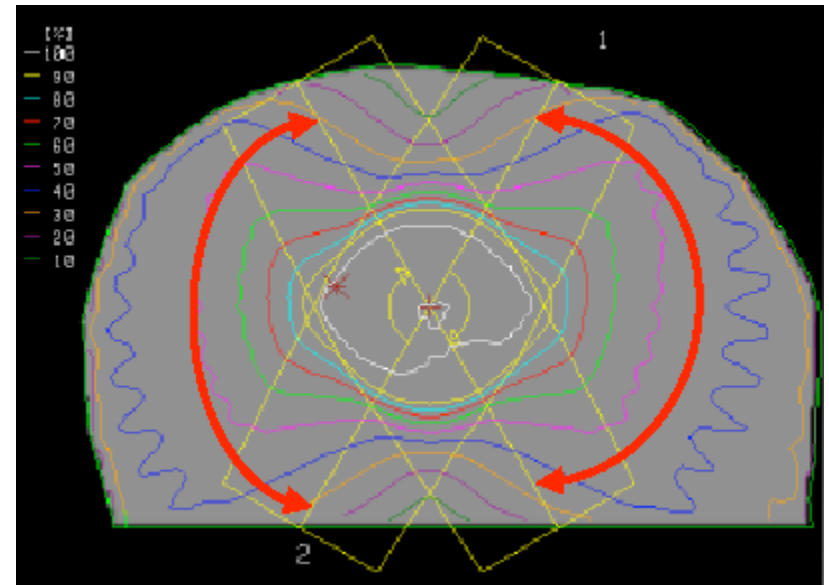
# DESIGN OF FIELD SHAPE



# NUMBER OF BEAMS

Generally the choice of number of beams depends on the patient's individual geometry!

- Arc therapy: rotating the beam around the patient (Dynamic Arc)
- Fixed beams:
  - Rarely use one beam, except for superficial tumors
  - Two parallel-opposed beams give a high dose outside the target volume
  - Typically between 3 and 7 beams are chosen

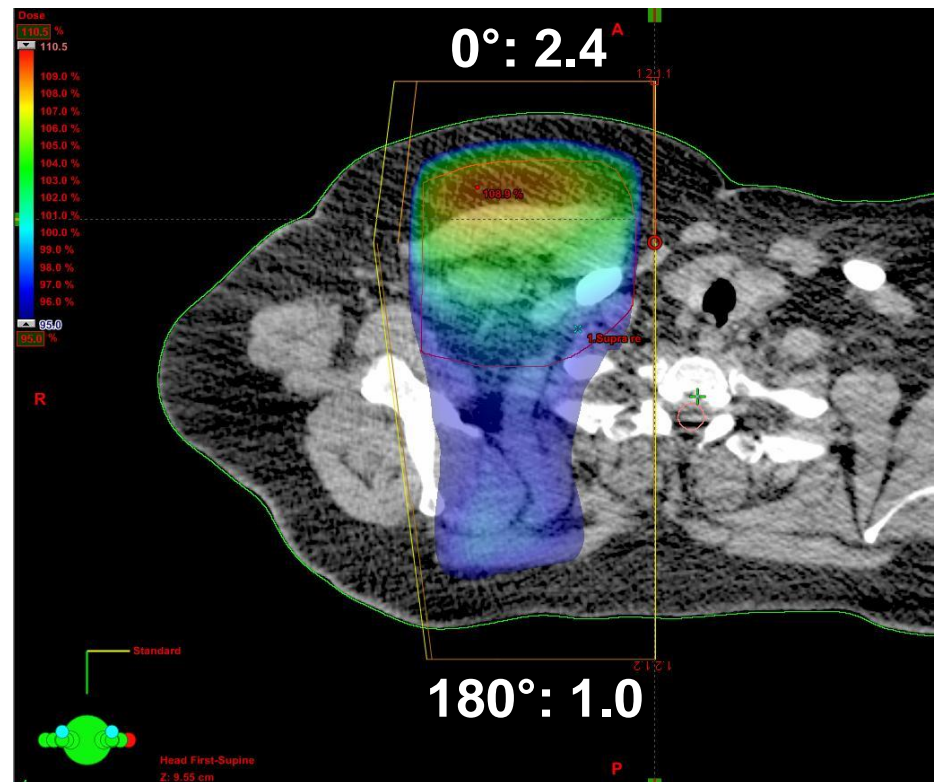


# DETERMINATION OF BEAM WEIGHTS

Not all beams  
need to be equally weighted = need to deliver the same  
dose to the PTV

How is the weighting  
decided?

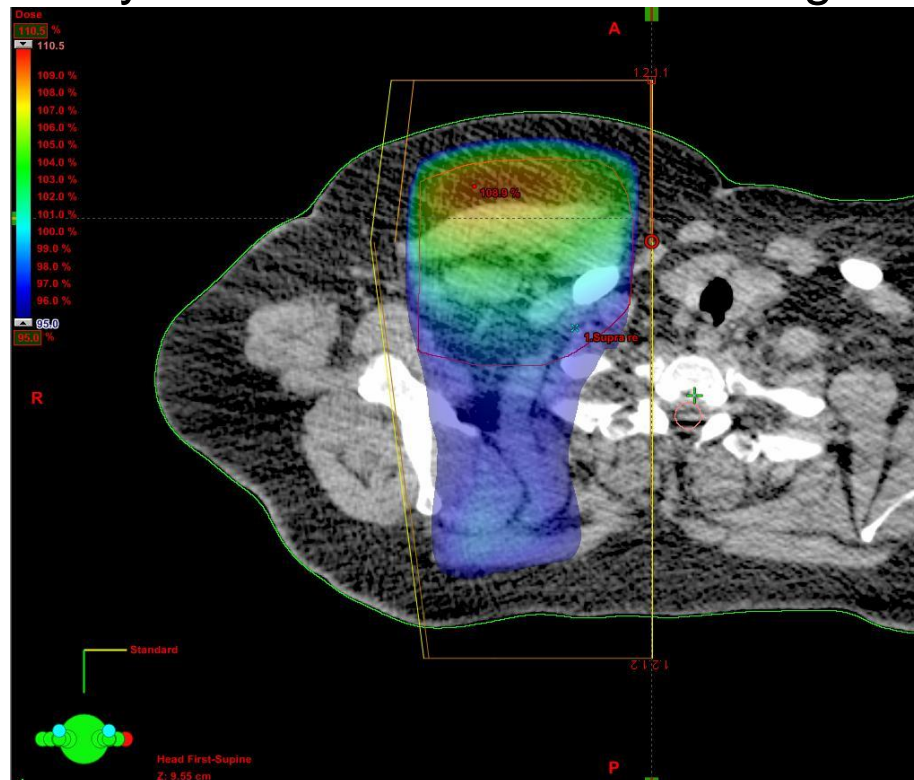
- Experience
- Trial and error
- expert judgement
- Rules of thumb



# CENTRAL TENET OF TREATMENT PLANNING

## Planner are disposal engineers!

- The planner's job is to decide how to dispose of the dose that must inevitably be delivered outside the target volume



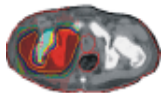


# INTEGRAL DOSE

- Dose outside the target volume is a *toxic* substance
- Integral dose is a measure of how much toxic material is involved
- Integral dose is the measure of *total energy* deposited in the patient outside the target volume
- Integral dose does directly correspond to tissue damage

$$I = \sum (D_i \times m_i)$$

Volume outside  
target





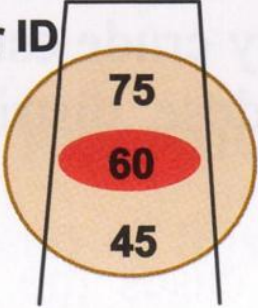
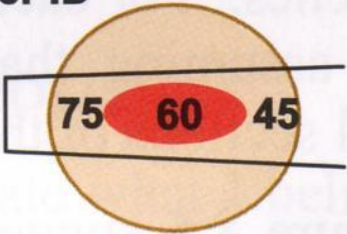
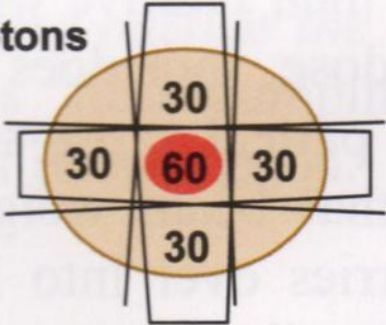
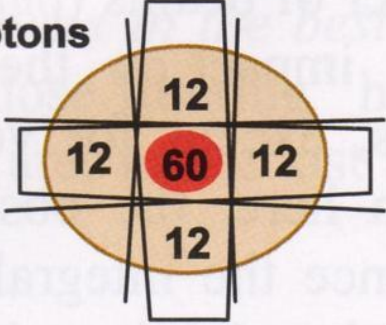
# IMPACT OF TREATMENT APPROACHES ON INTEGRAL DOSE

Less integral dose is better for the patient

<p>(a)</p> <p>number of beams</p>	<p>1 beam</p> <p><math>ID = 75 \times 0.5 + 45 \times 0.5 = 60 \text{ Gy.l}</math></p>	<p>4 beams</p> <p><math>ID = 4 \times 30 \times 0.5 = 60 \text{ Gy.l}</math></p>
<p>(b)</p> <p>beam weights</p>	<p>equal weights</p> <p><math>ID = 4 \times 30 \times 0.5 = 60 \text{ Gy.l}</math></p>	<p>unequal weights</p> <p><math>ID = 2 \times 45 \times 0.5 + 2 \times 15 \times 0.5 = 60 \text{ Gy.l}</math></p>

In many cases treatment technique has little impact on integral dose

# IMPACT OF TREATMENT APPROACHES ON INTEGRAL DOSE

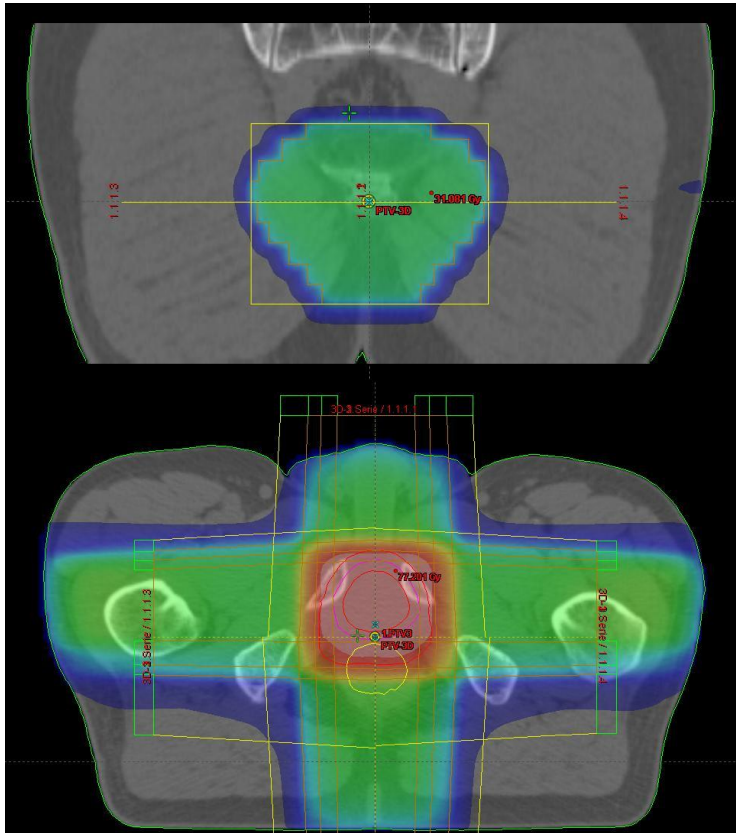
<p>(c)</p> <p>target volume shape non-spherical</p>	<p>higher ID</p>  <p><math>ID = 75 \times 0.6 + 45 \times 0.6 = 72 \text{ Gy.l}</math></p>	<p>lower ID</p>  <p><math>ID = 75 \times 0.4 + 45 \times 0.4 = 48 \text{ Gy.l}</math></p>
<p>(d)</p> <p>modality</p>	<p>photons</p>  <p><math>ID = 4 \times 30 \times 0.5 = 60 \text{ Gy.l}</math></p>	<p>protons</p>  <p><math>ID = 4 \times 12 \times 0.5 = 24 \text{ Gy.l}</math></p>

**Target shape and radiation modality have biggest impact on integral dose**

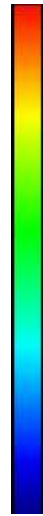


# A LOT TO A LITTLE OR A LITTLE TO A LOT?

## Conformal 3D irradiation

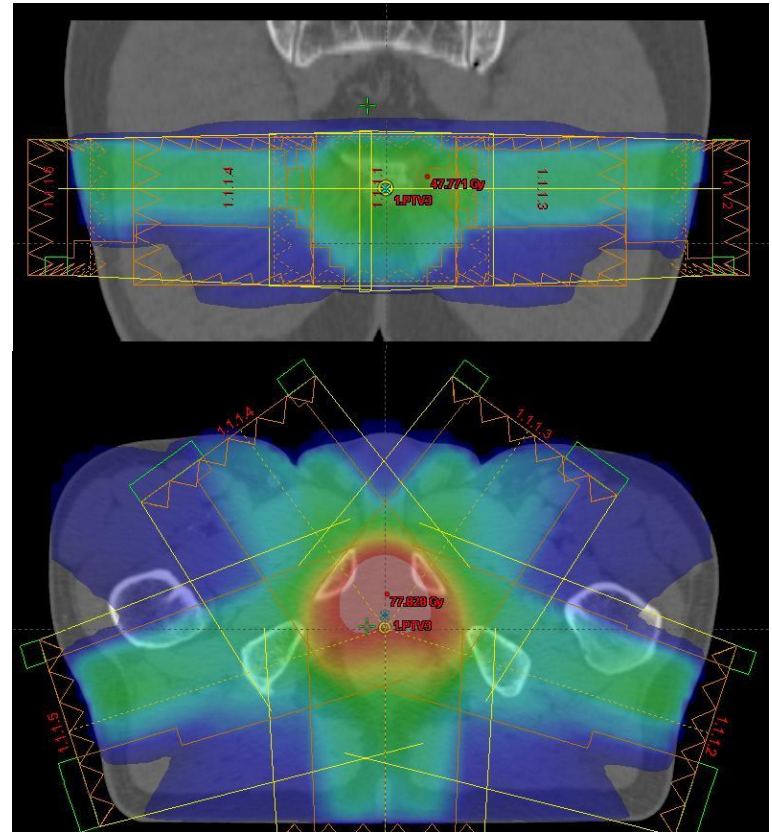


72 Gy



4 Gy

## IMRT



**Integral dose is approximately constant**

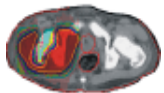


# A LOT TO A LITTLE OR A LITTLE TO A LOT?

**High dose to a modest volume  
or  
Low dose to a larger volume  
?**

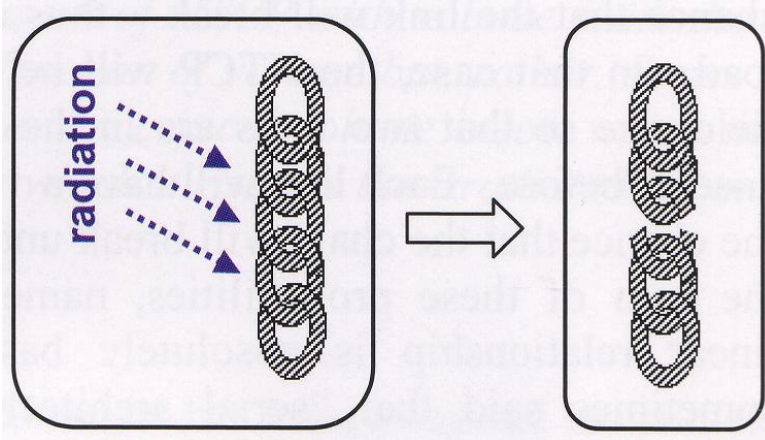
**There is no definite answer to this question**

**Influence of tissue architecture!**



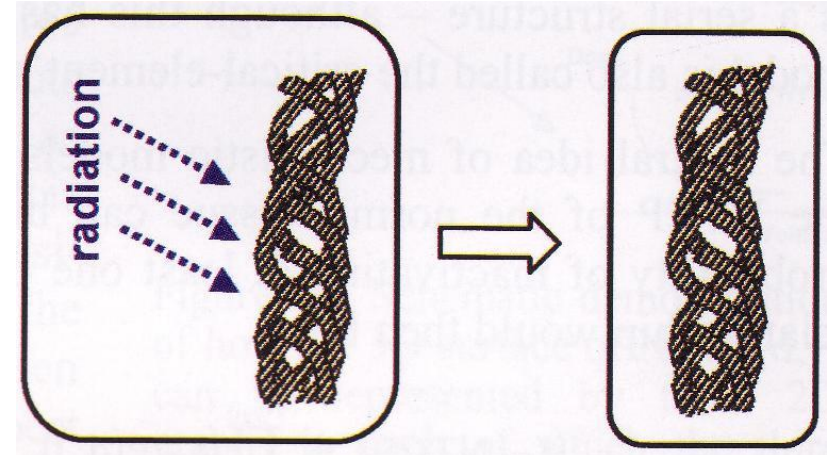
# THE INFLUENCE OF TISSUE ARCHITECTURE

## serial architecture



an organ has a serial structure if the death of only one functional sub-unit (FSU) is sufficient to cause loss of function of the organ

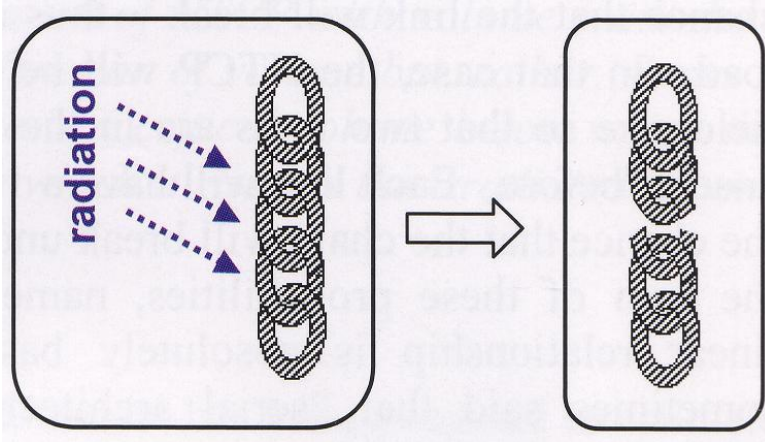
## parallel architecture



consists of FSUs each of which performs that the normal tissue is responsible for. Function is lost, when a critical number of FSUs is lost.

# THE INFLUENCE OF TISSUE ARCHITECTURE

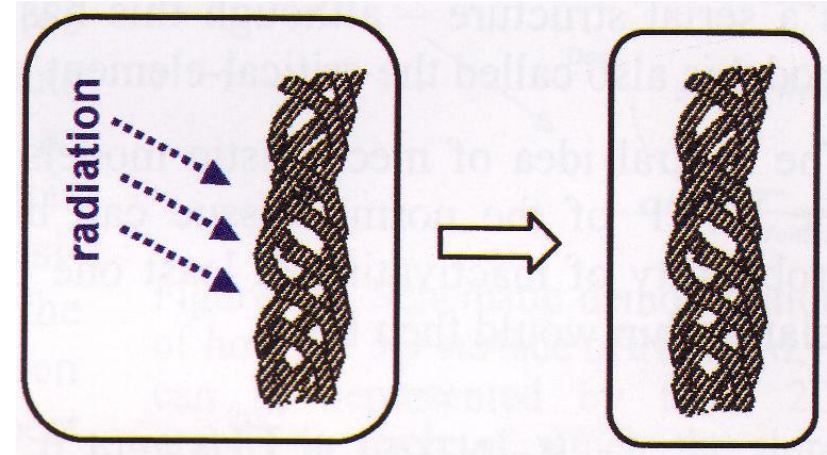
## serial architecture



Maximum Dose to the organ is critical:

**Strategy:**  
**A little to a lot**

## parallel architecture



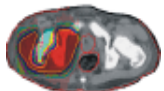
Mean Dose to the organ is critical:

**Strategy:**  
**A lot to a little**



# Intensity Modulated Radio Therapy

## IMRT / VMAT





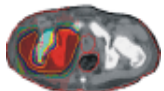
# INTRODUCTION

So far we have implicitly assumed that each radiation field is near uniform over its cross section

- 20 years ago Cormack, Brahme and Pedroni had the idea to use non-uniform fields
- Using mathematical techniques, an irradiation scheme using non-uniform beams could be found, which limit dose to normal tissues while delivering the desired dose to the target

**Motivation from CT reconstruction:**

From the intensity reduction of x-rays traversing an object one can deduce the internal structure of the object.

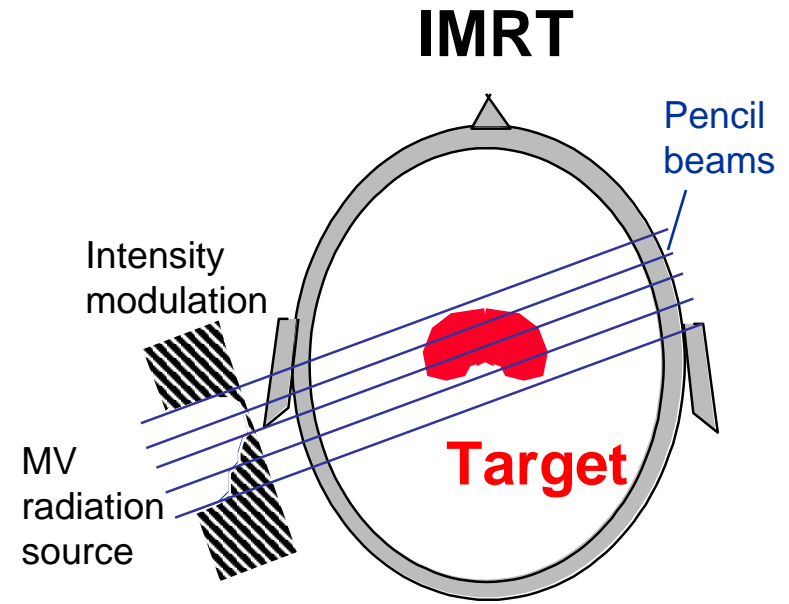
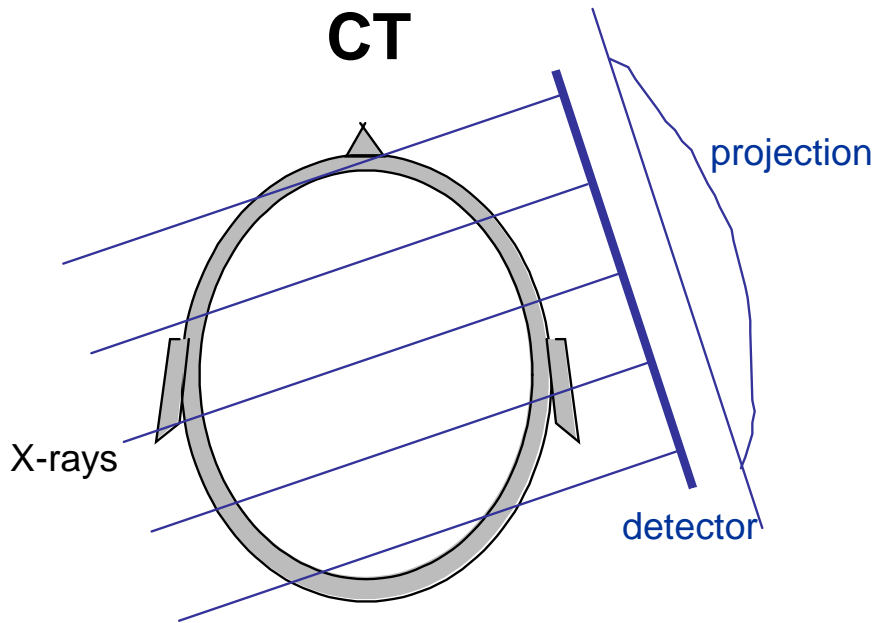




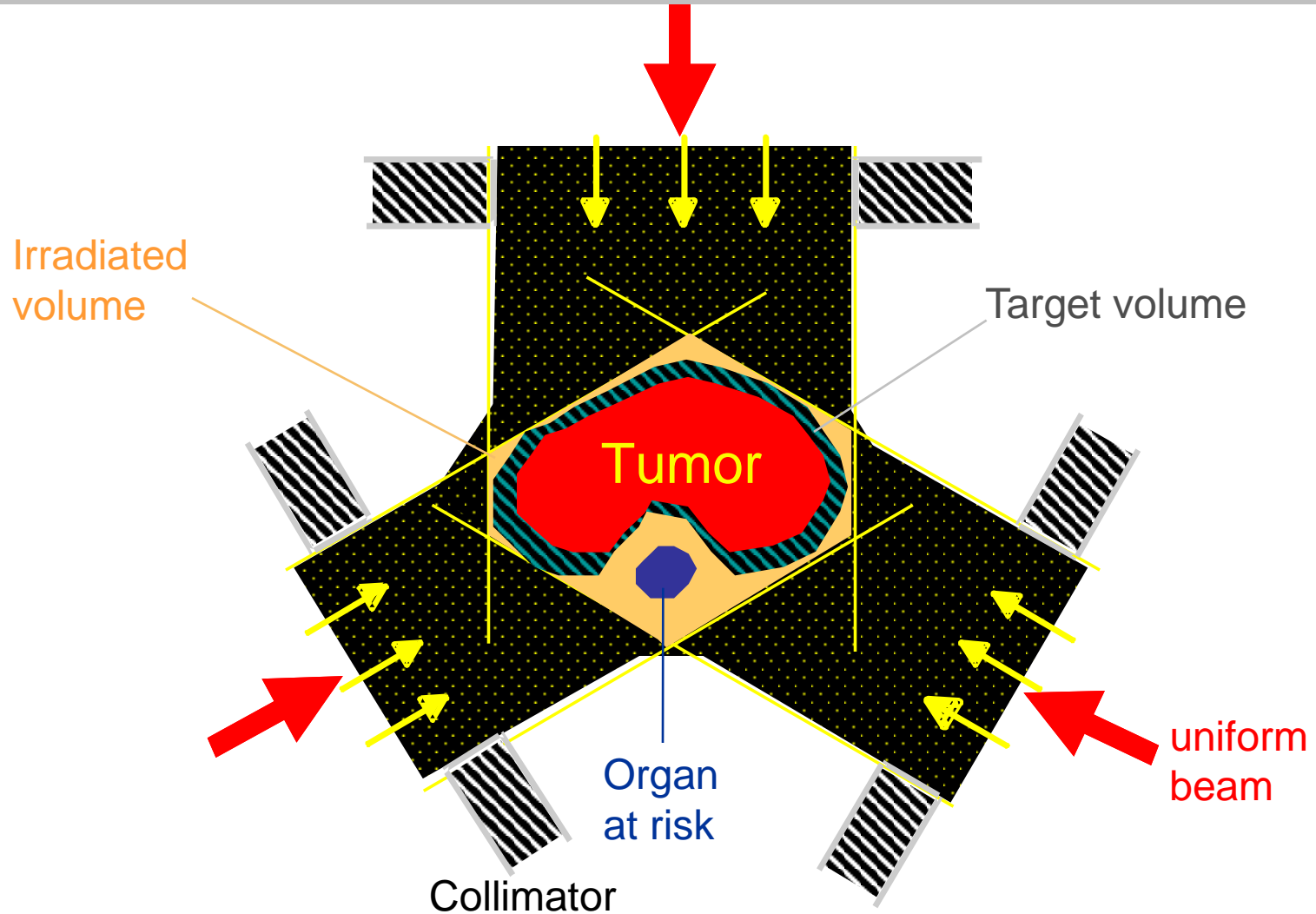
# INVERTING COMPUTER TOMOGRAPHY

Calculation of *intensities (pencil beam weights)* that pass through the object and deliver dose

- Highly non-uniform individual fields
- Problem: negative intensities



# UNIFORM-INTENSITY RADIOTHERAPY CONVEX DOSE DISTRIBUTIONS

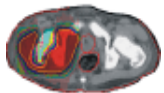
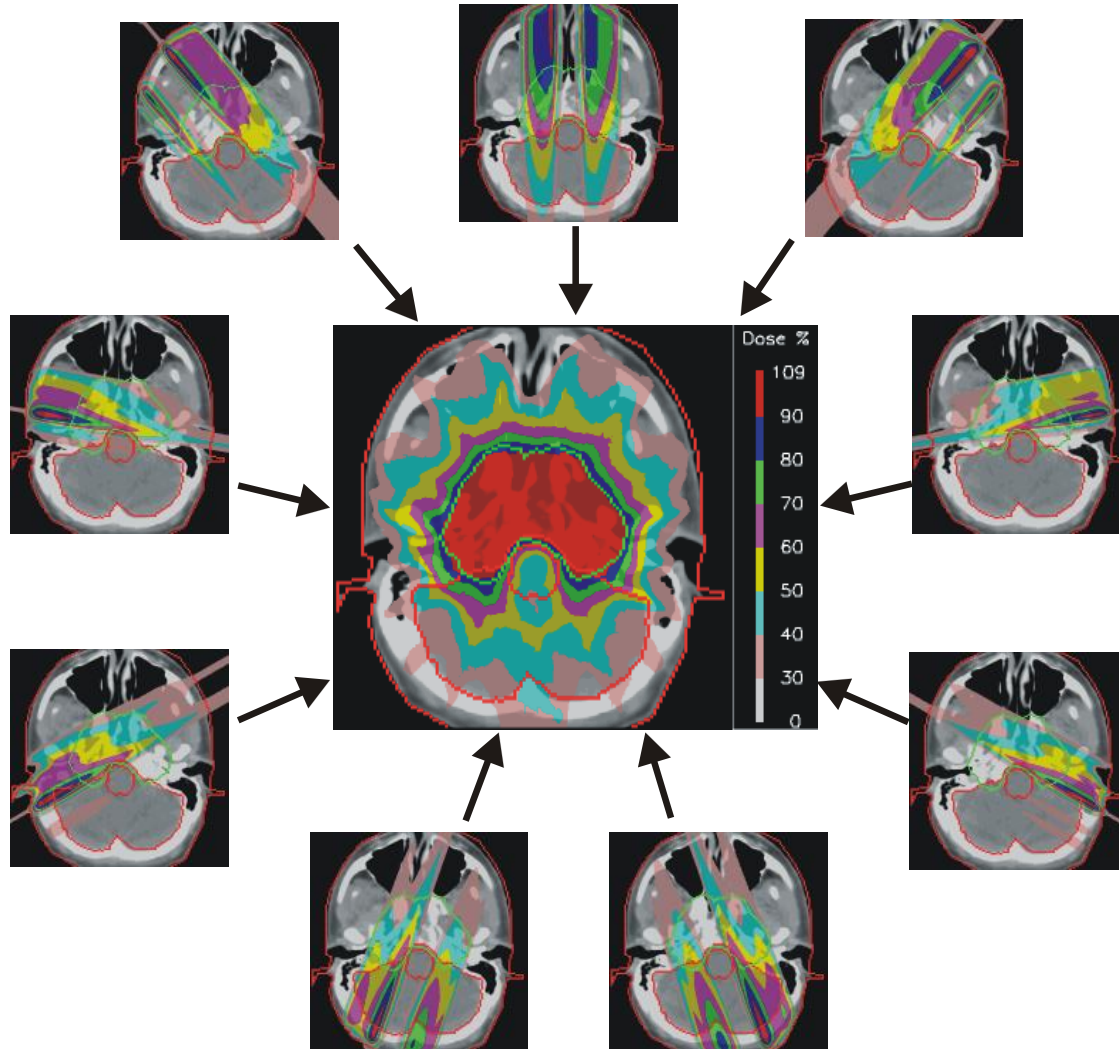








# IMRT OF NASOPHARYNGEAL CANCER





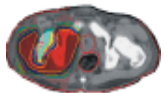
## ADVANTAGES OF IMRT

### Creation of concave dose distributions:

- Sparing of selected normal tissues  
(*conformal avoidance*)

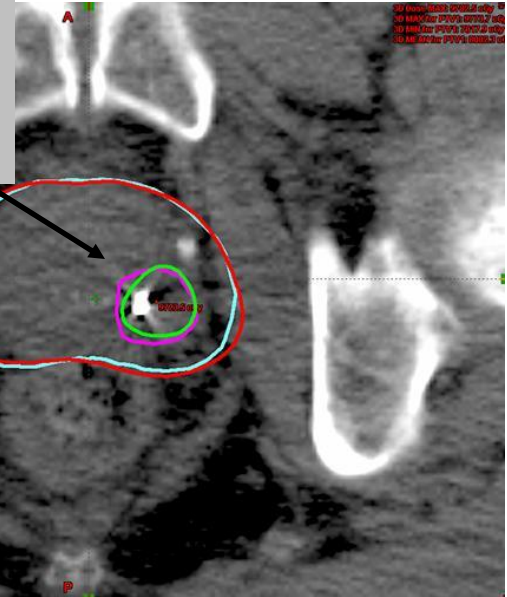
### Delivery of non-uniform dose distributions to the target:

- Two different target volumes one nested inside the other (*integrated boost*)
- delivering additional dose to sub-regions of the target because they contain more resistant cells  
(*dose painting*)
- deliver a reduced dose to sub-regions of the target volume because a critical volume runs through it  
(*dose painting*)

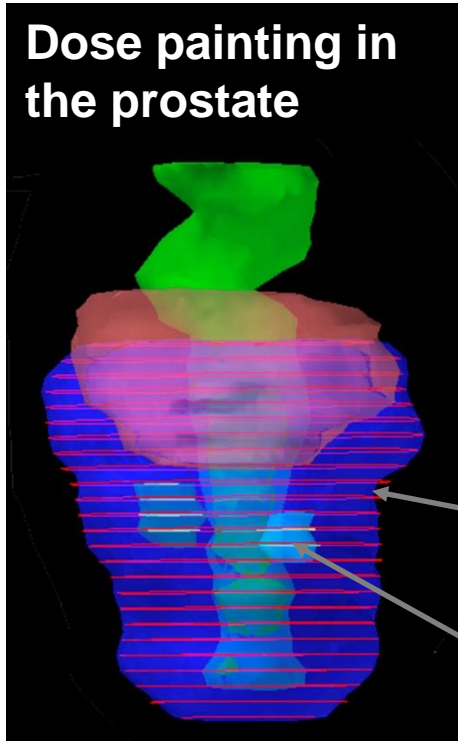


# DOSE PAINTING IN TARGET SUBREGIONS

Definition of target in the target by increased Gadolinium uptake in MRI



Dose painting in the prostate

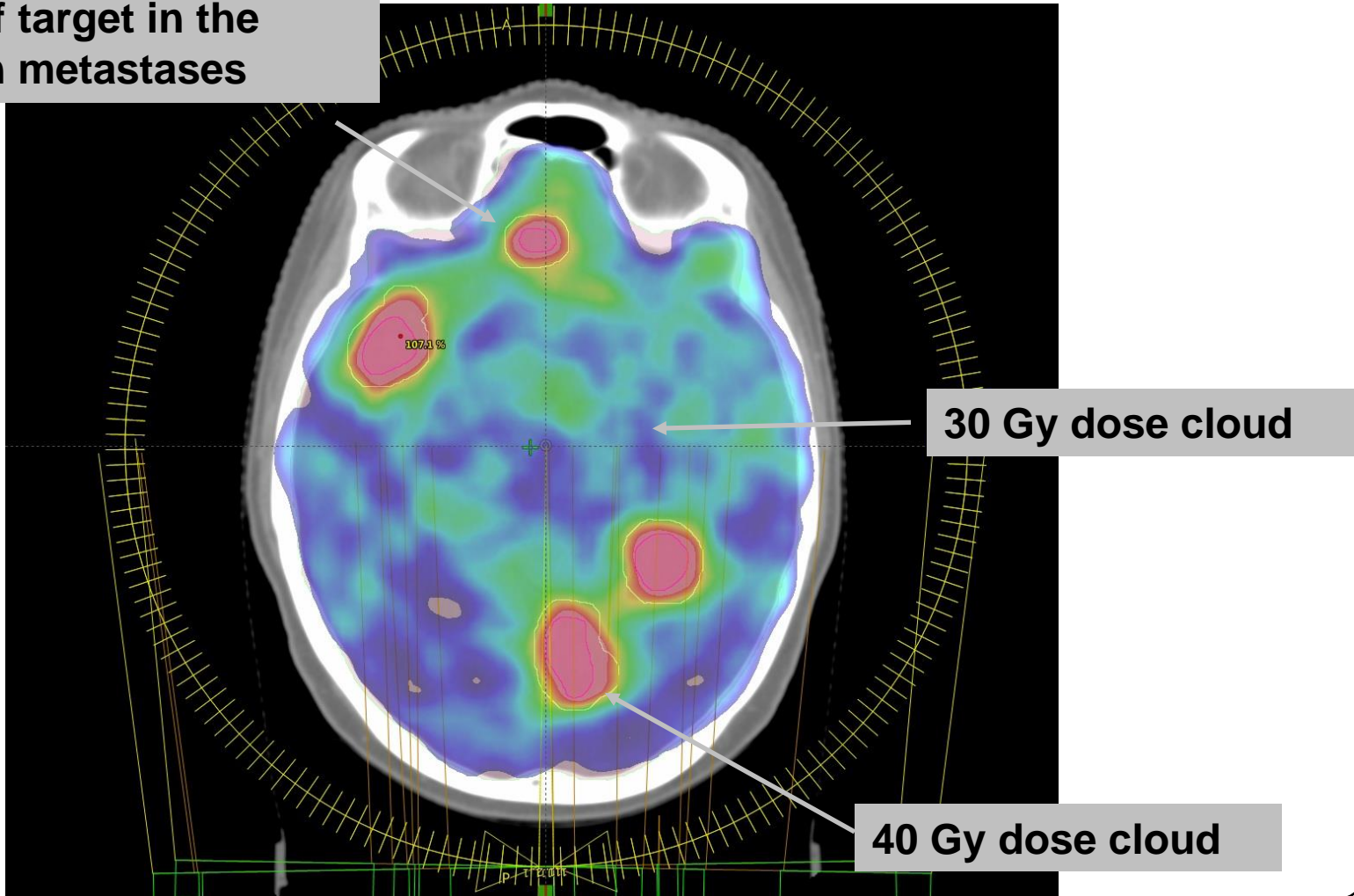


75.6 Gy dose cloud

94.5 Gy dose cloud

# DOSE PAINTING IN THE BRAIN

Definition of target in the target: brain metastases



# INVERSE PLANNING OF IMRT

Specify the desired  
dose distribution



Calculate the treatment  
variables which would  
lead to the desired  
dose distribution



end

Straightforward scheme, but with  
problems:

- Negative intensities
- When negative intensities are set to zero there is no room for balancing conflicting goals (TCP  $\rightarrow$  NTCP)



Inverse planning is not used in clinical  
practice

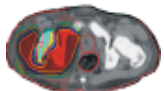
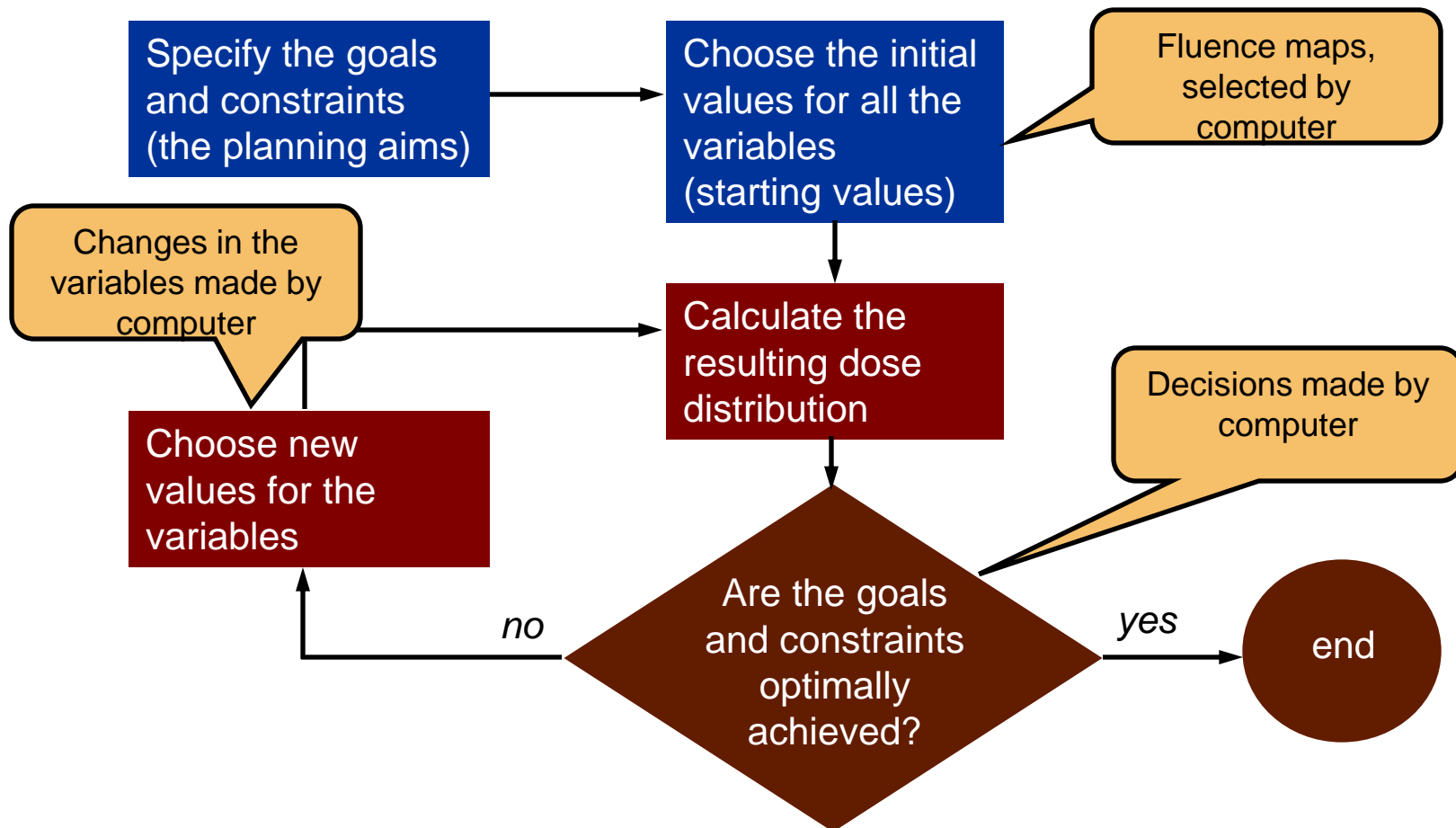


*Forward planning of IMRT*



# FORWARD PLANNING OF IMRT

Flow chart for forward IMRT planning:



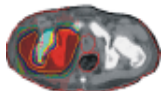




# FORWARD PLANNING OF IMRT

## Two main aspects of planning IMRT:

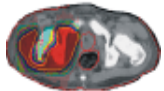
- Establishing a method for computing a numerical *score*, expressing how well the goals were achieved  
(assign a numerical value to rank plans)
- Conducting a *search* through the space of treatment variables to locate the set of values of those variables that gives the best score  
(6000 variables with  $10^{13}$  choices)





## What is usually not included in the score

- Type of radiation
- Energy of radiation
- Number and direction of beams / Arc-angles
- Table rotation (IMRT is usual coplanar)





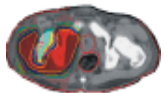
## What is usually included in the score

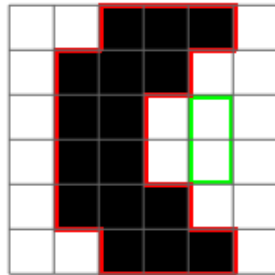
### Tumor response:

- The difference between the minimum (mean) target dose and the prescribed dose
- The dose exceeded by 95% of the target volume (cold spots)
- The dose exceeded in 5% of the target volume (hot spots)

### Morbidity for each organ at risk:

- The difference between the maximum (mean) OAR dose and its constraint dose
- The difference between the volume of the OAR which receives more than a dose  $D$  and the corresponding volume constraint
- integral dose





Red: Target

Green: Organ at risk

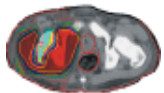
Objective Function:

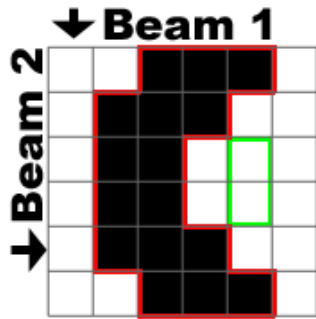
Mean squared deviation between actual and prescribed dose in the target

Constraint:

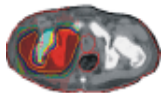
Dose in organ at risk < 50 %, positive intensities

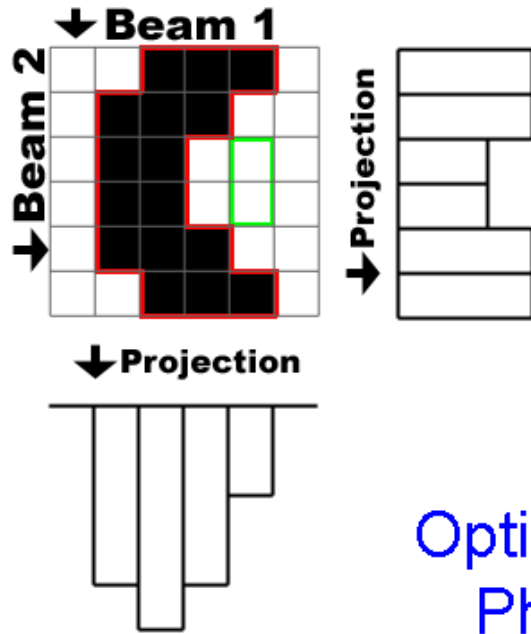
## Optimization Phase 1



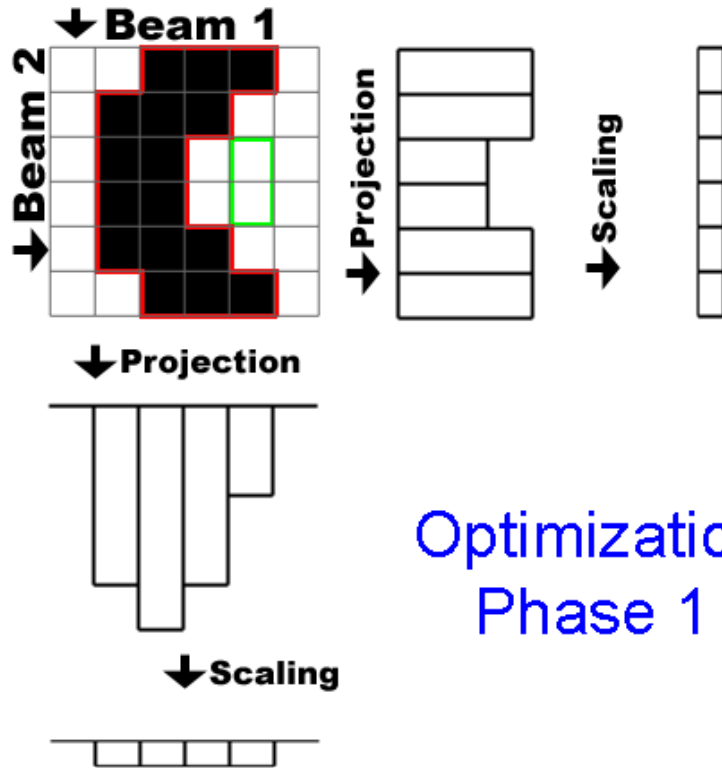


# Optimization Phase 1





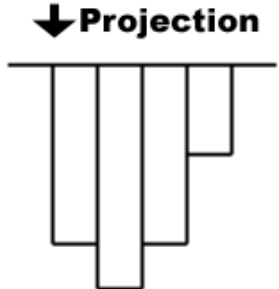
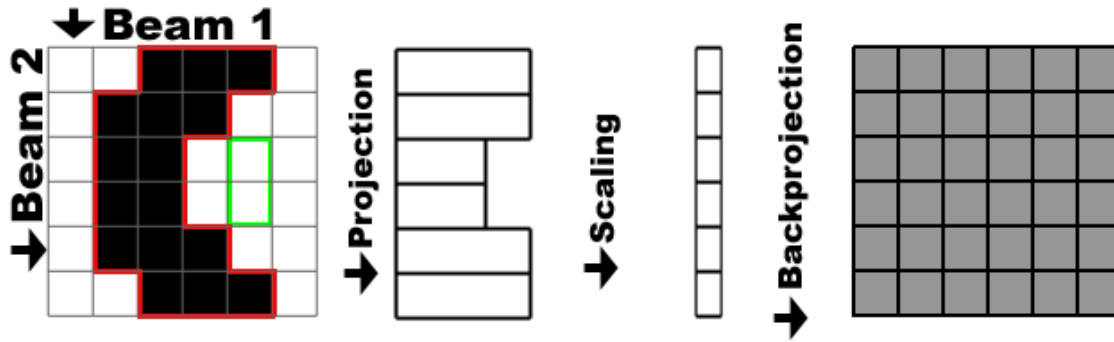
Projection: Summation of the dose values along the beam direction



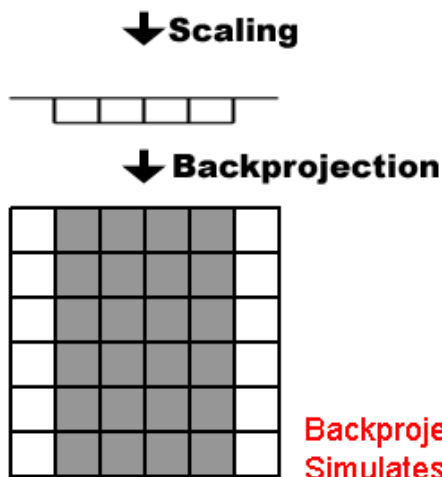
## Optimization Phase 1

Scaling: Division by number of contributing dose elements and by number of beams

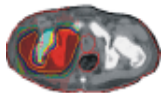


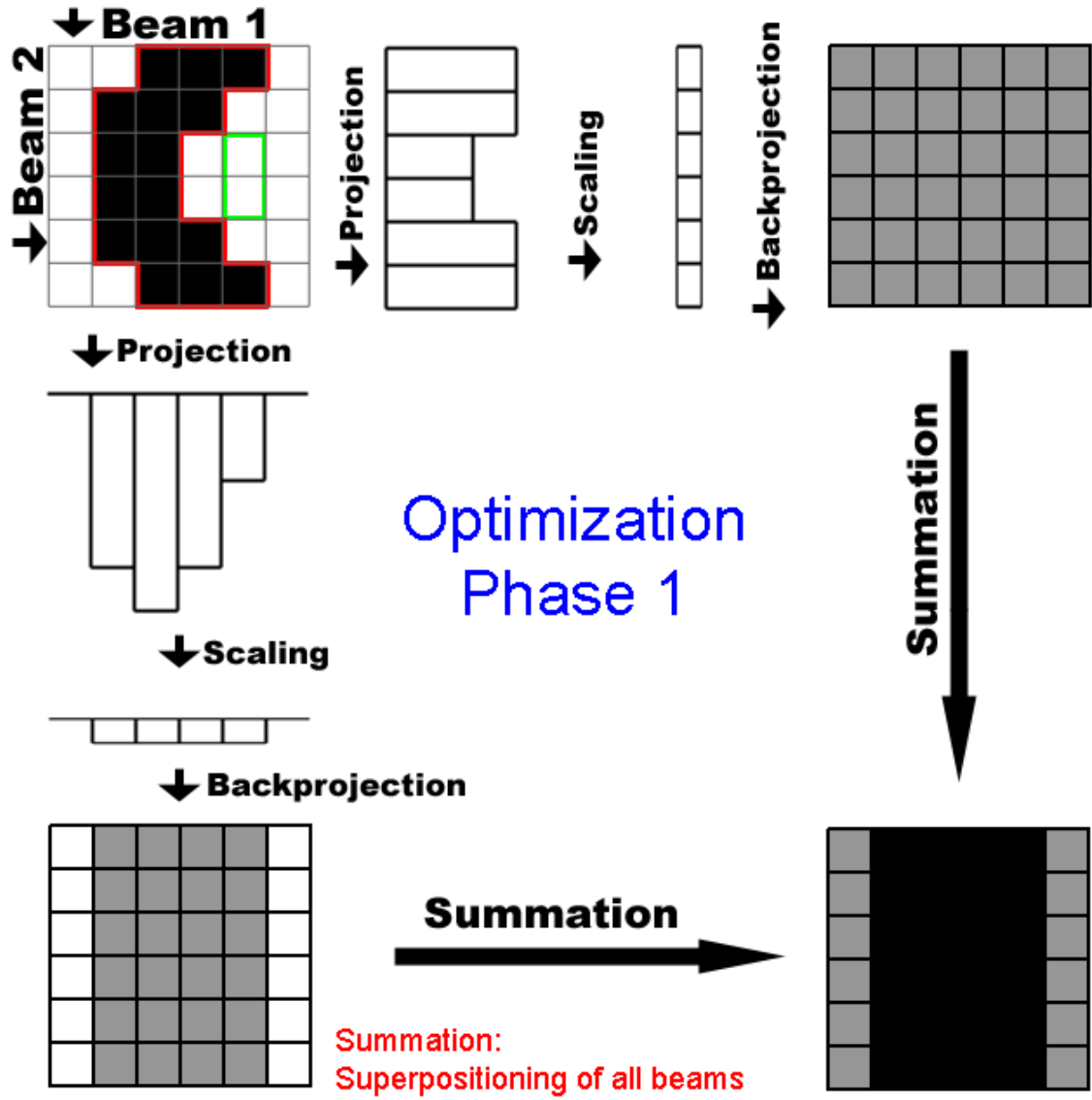


Optimization Phase 1

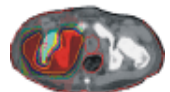


Backprojection:  
Simulates the irradiation using the actual beam profiles

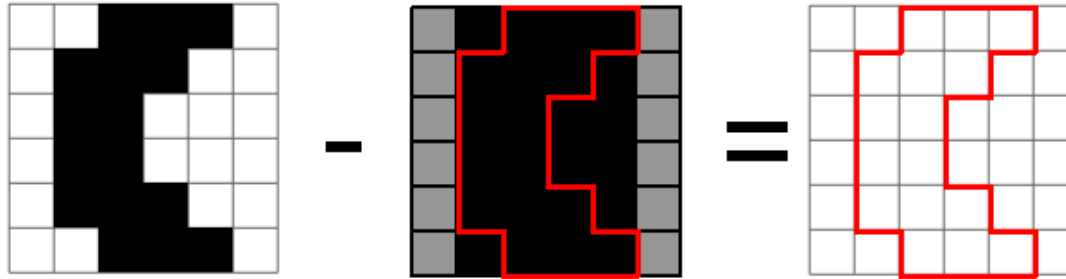




Summation:  
Superpositioning of all beams

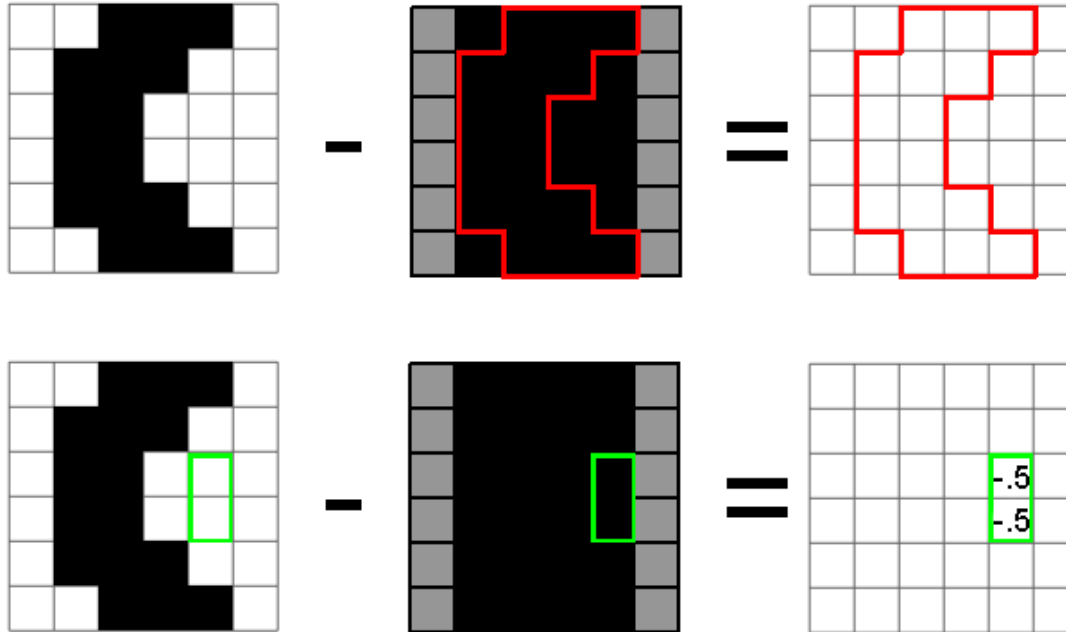


## Evaluation Phase 1



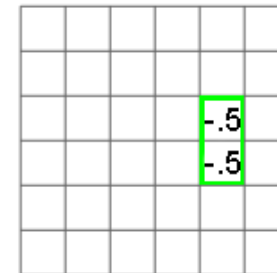
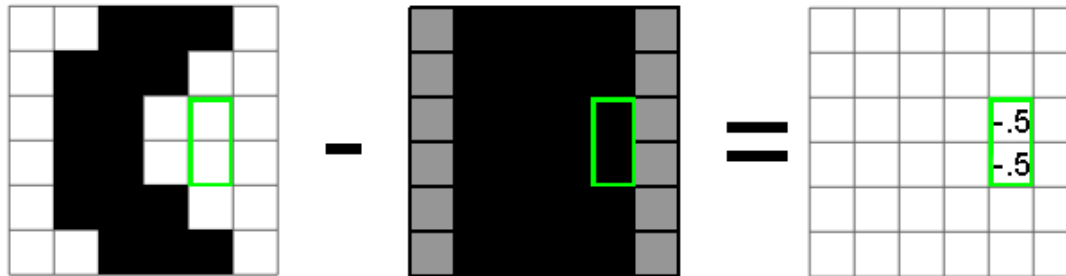
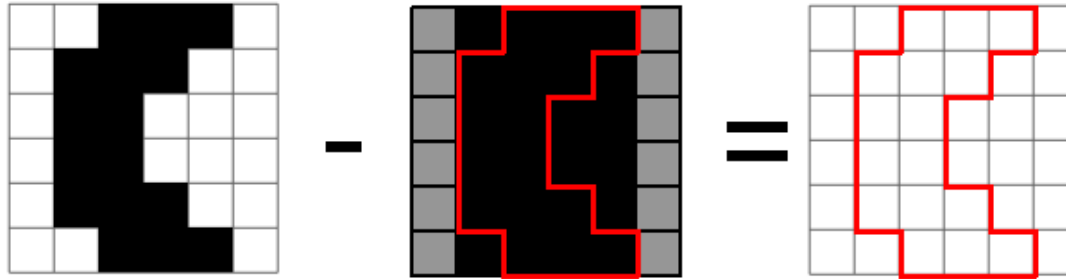
Comparing prescribed and realized dose in the target volume.  
In this case there is no difference, therefore no correction necessary.

## Evaluation Phase 1

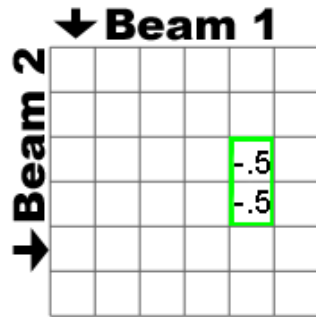


Same for the organ at risk: Here the difference is  $-0.5$ .

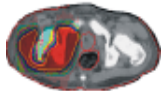
# Evaluation Phase 1

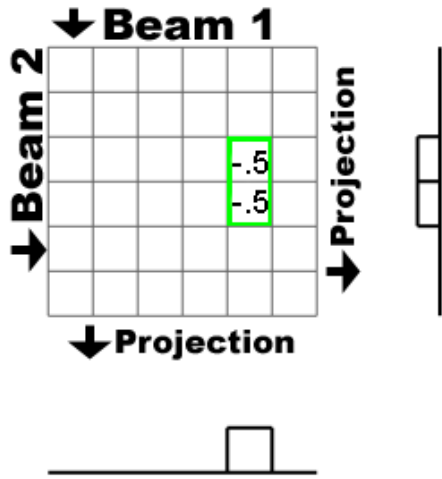


Resulting correction matrix.

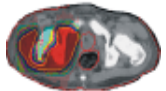


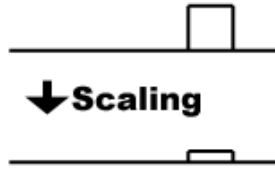
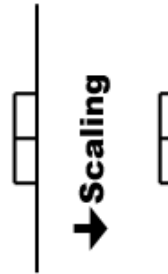
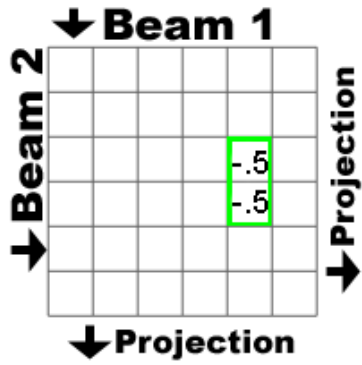
## Optimization Phase 2



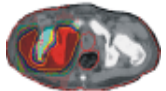


## Optimization Phase 2

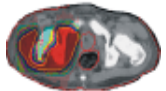
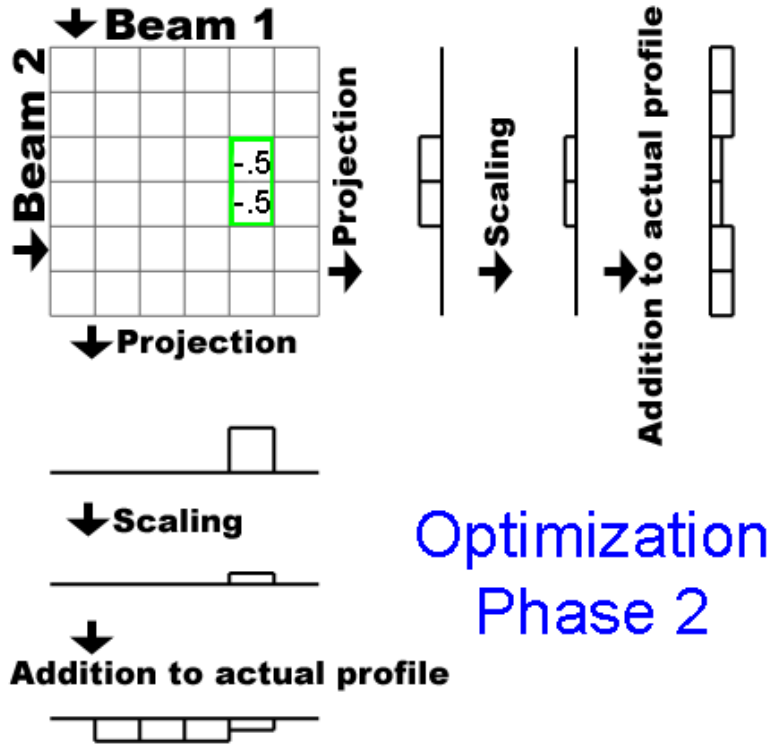


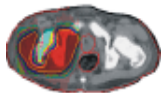
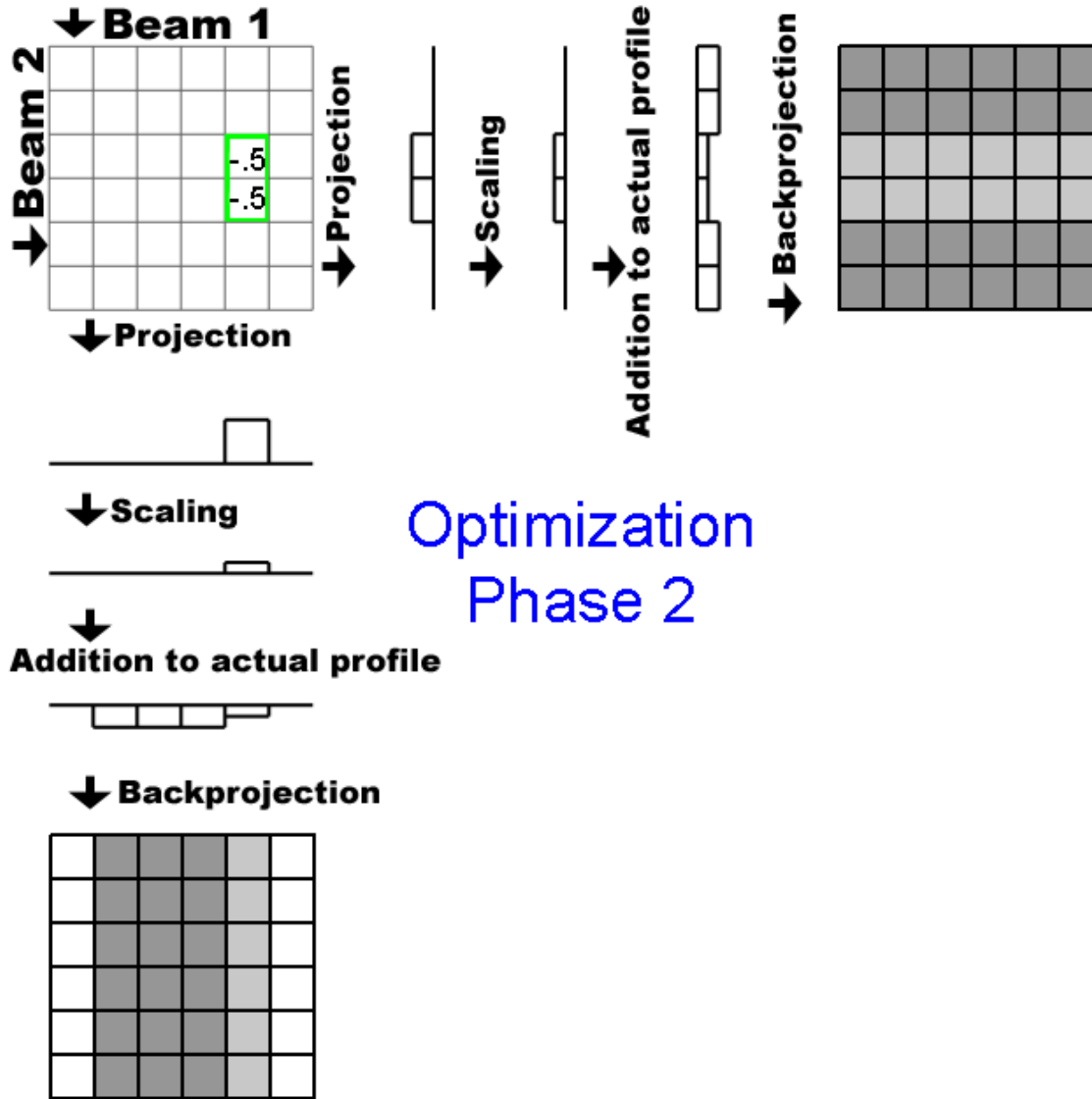


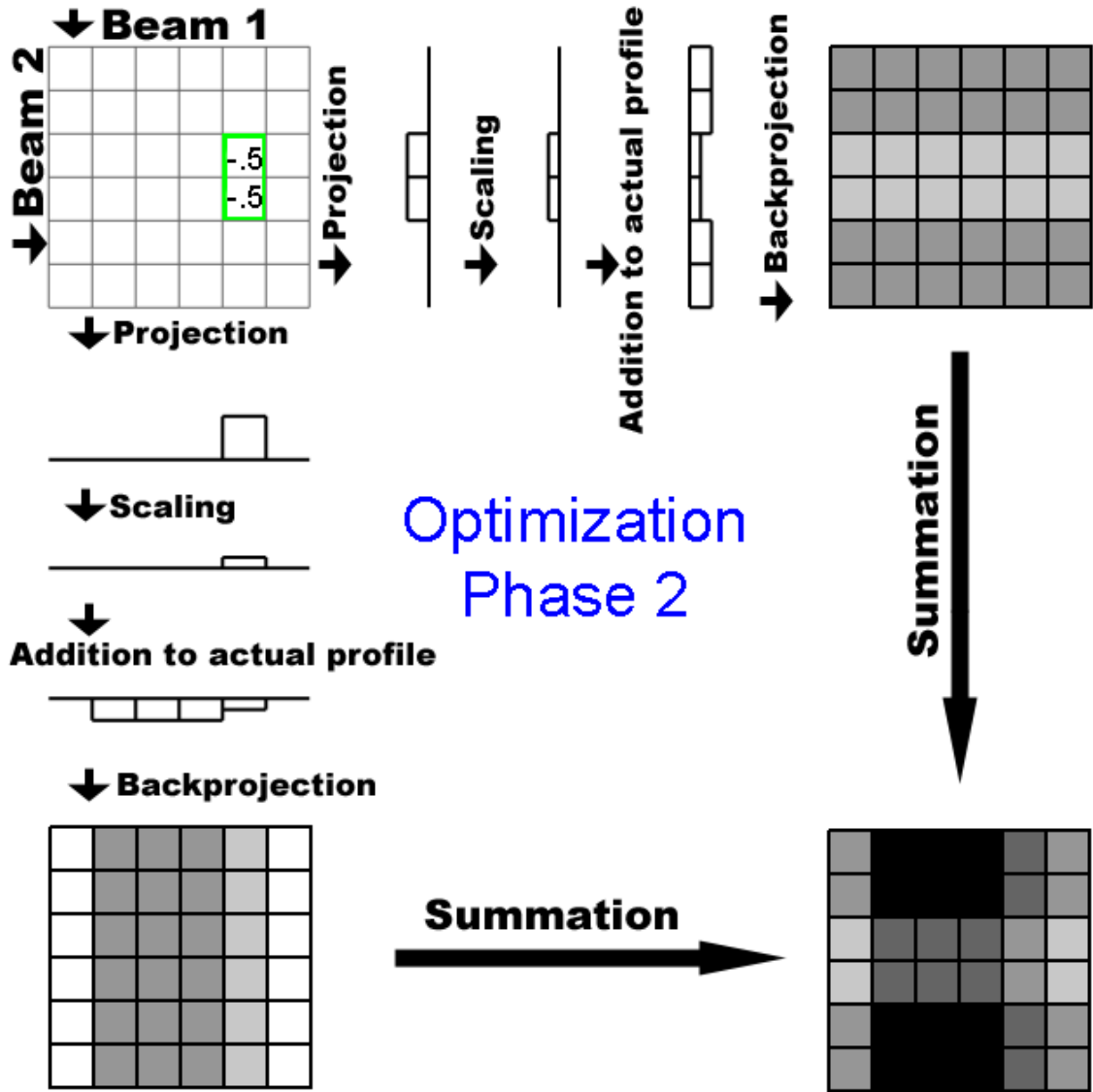
## Optimization Phase 2



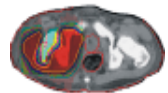




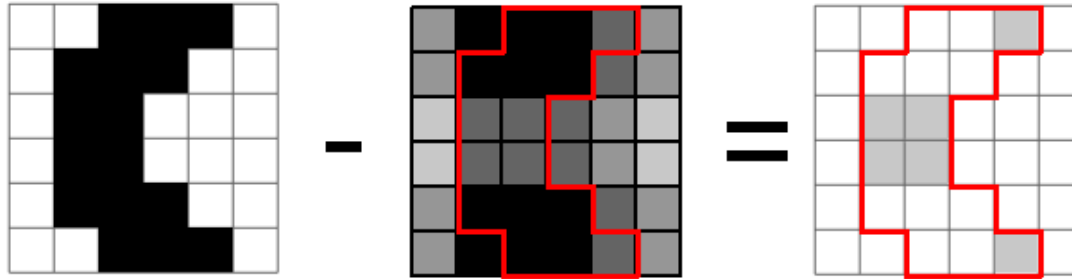




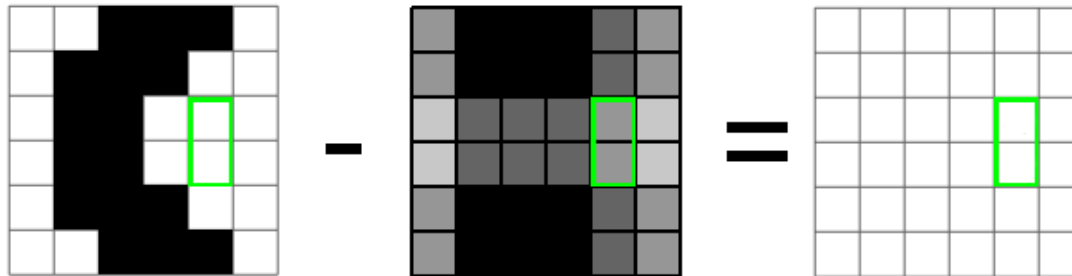
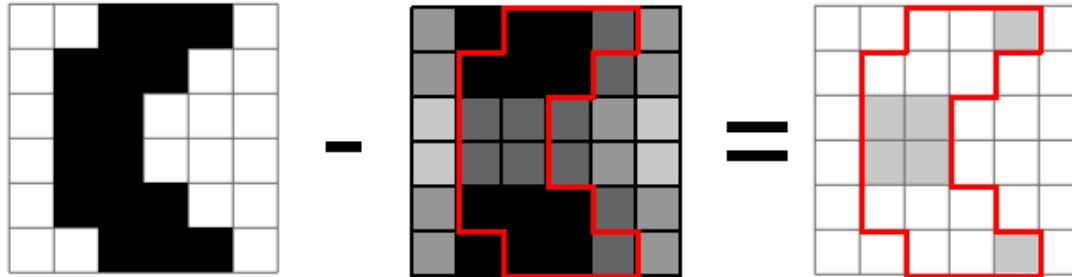
## Optimization Phase 2



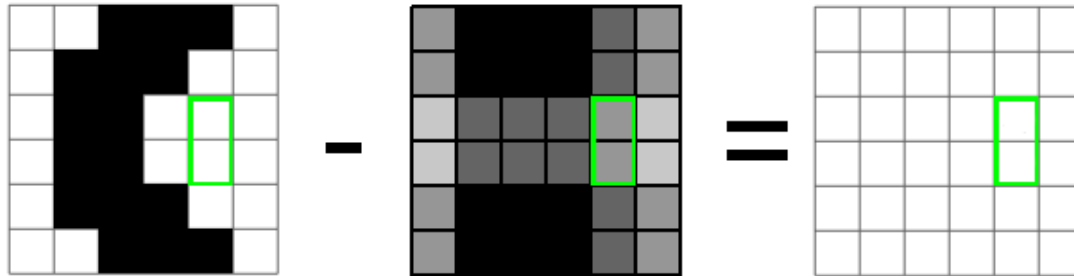
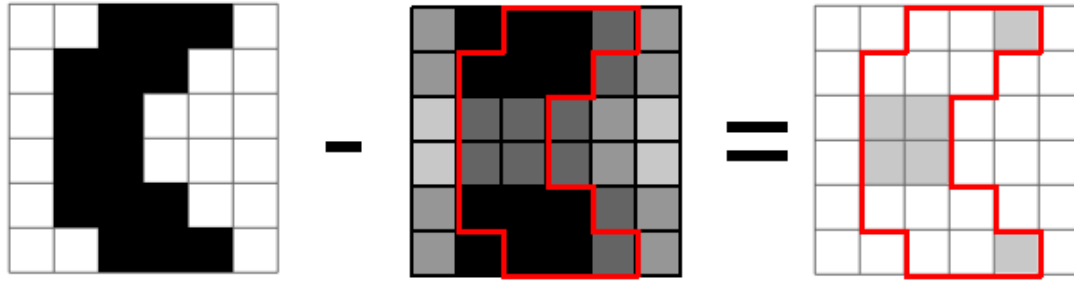
## Evaluation Phase 2



## Evaluation Phase 2



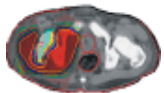
## Evaluation Phase 2





# Optimization Phase 3

Repeat the steps of evaluation and optimization  
until an acceptable treatment plan is found.

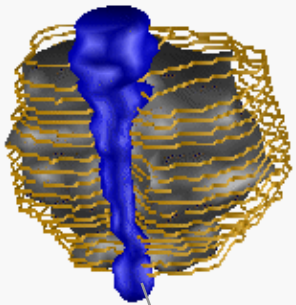




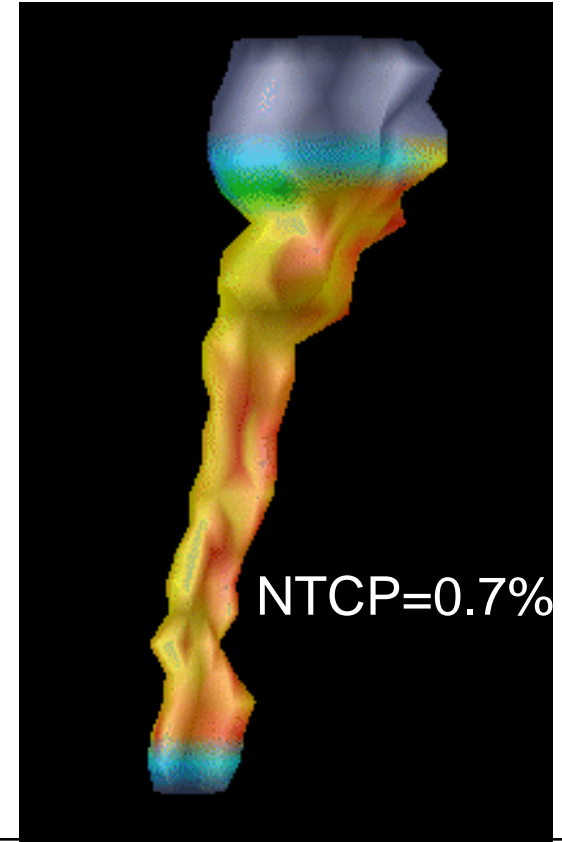
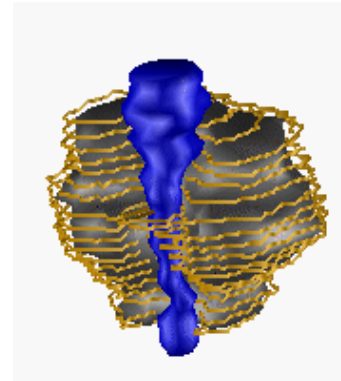
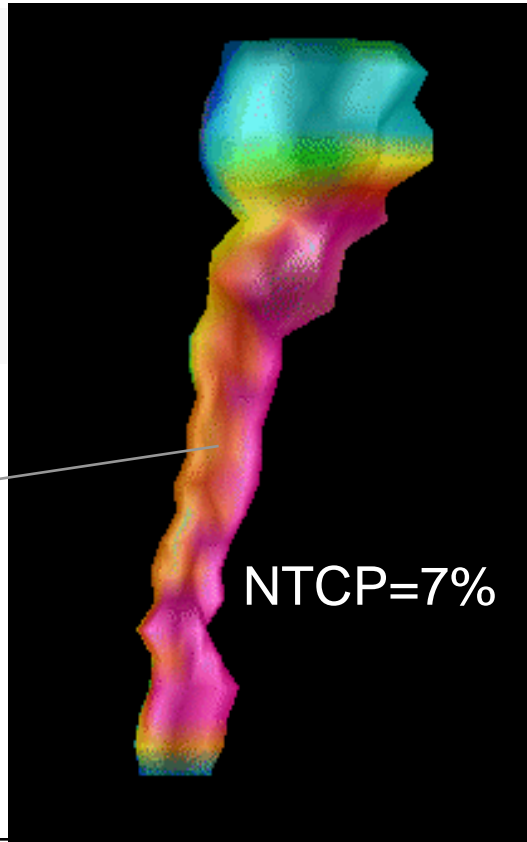
# IMRT dose distribution: head and neck

3D-conformal  
(4 fields)

IMRT  
(9 fields)



Brain stem

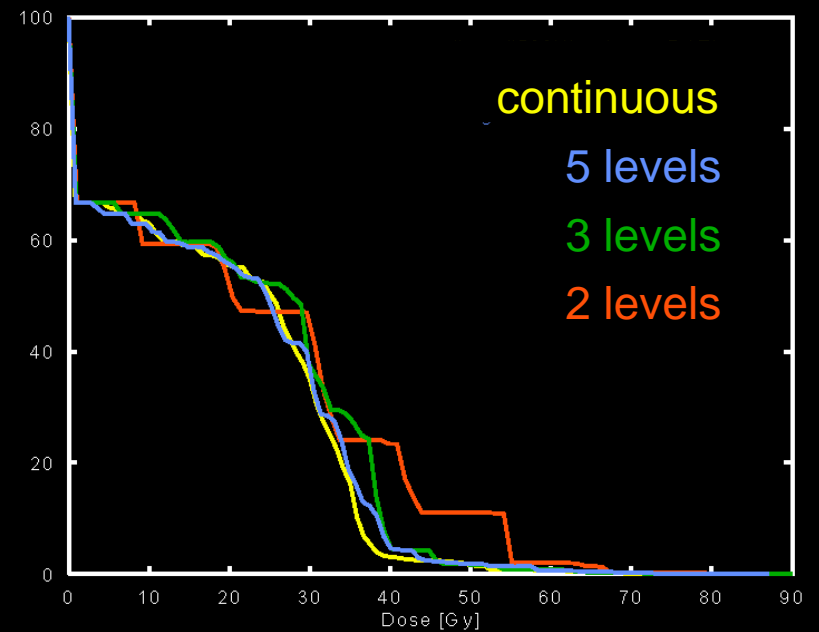
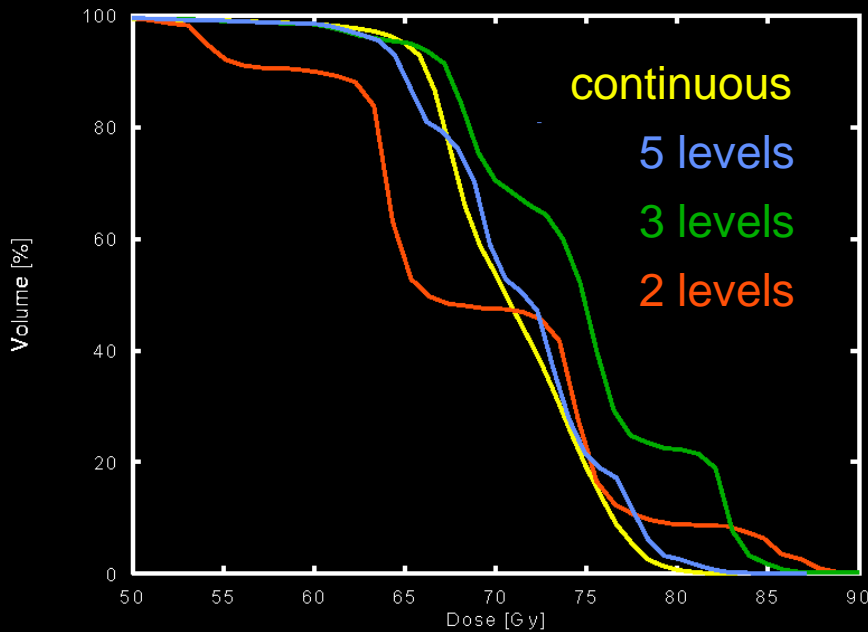


# IMRT: number of intensity levels

## Example chordoma

### Target

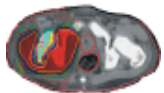
### Brainstem





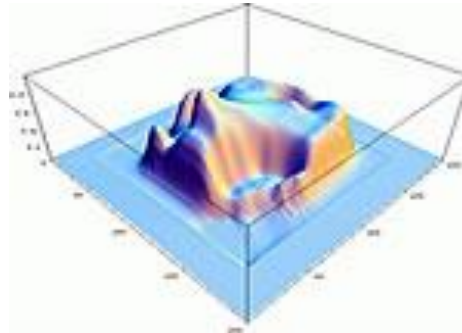
## IMRT: number of intensity levels

- About 5 intensity levels per beam are generally sufficient
- This means about 7-8 subfields per beam
- This means about 50-60 subfields in total



# REALISATION OF INTENSITY MODULATION

Calculated intensity map:

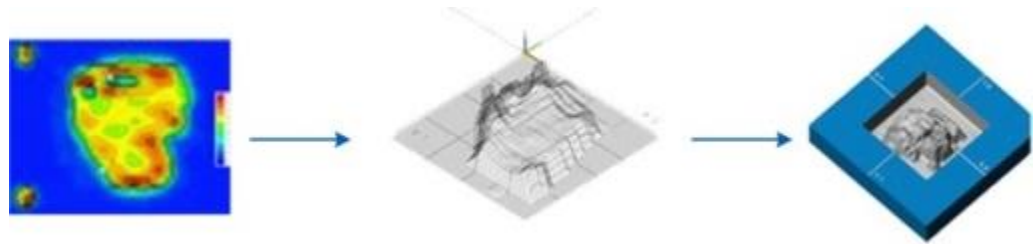


Practical realisation:

- Metal compensator
- Multiple-static fields: step-and-shoot technique
- Dynamic multi leaf collimator: DMLC
- (Tomotherapy)
- (Swept pencil beams: Cyberknife etc.)

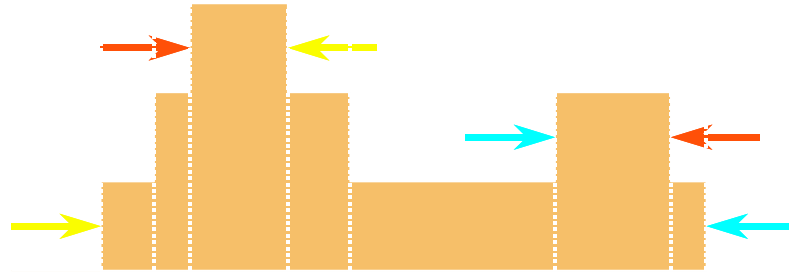
# INTENSITY MODULATION: metal compensator

- Patient specific
- Beam specific

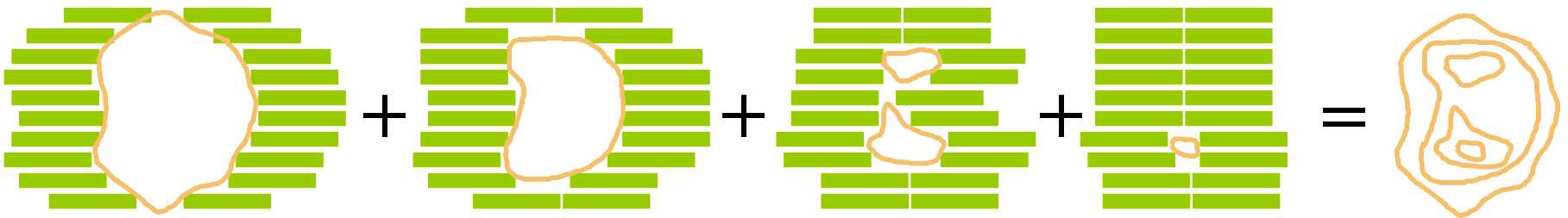
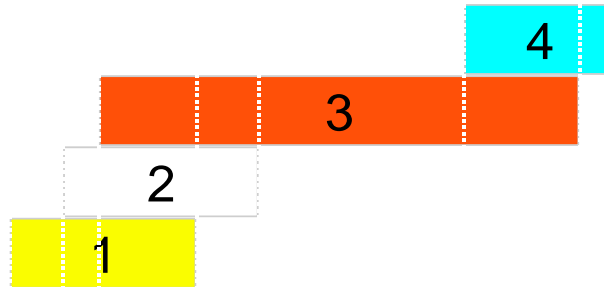


# INTENSITY MODULATION: step and shoot

IM-profile



Combination of single fields





# INTENSITY MODULATION: DMLC

