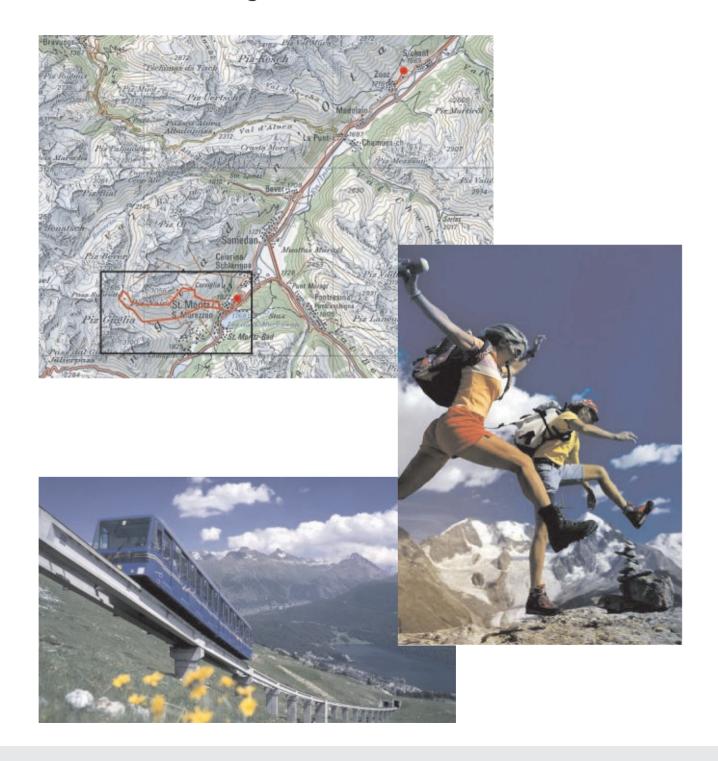


Hike St. Moritz - Corviglia - Suvretta

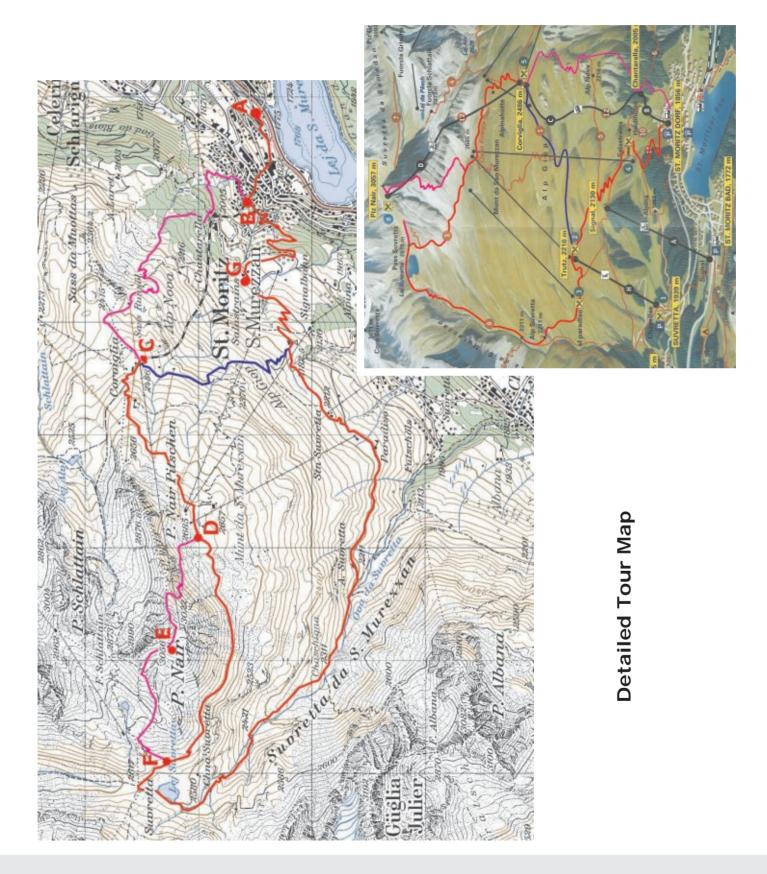
PSI Zuoz Summer School 2018

Hiking Excursion





Hike St. Moritz - Corviglia - Suvretta





Hike St. Moritz - Corviglia - Suvretta

Schedule

10:30 - 12:00 Lecture

12:00 - 12:05 Catch Lunch

12:05 – 12:25 Walk to train station Zuoz

12:27 - 12:58 Train ride to St. Moritz

13:00 – 13:20 Walk to cable railway station

13:20 - 13:50 Ascent to Corviglia

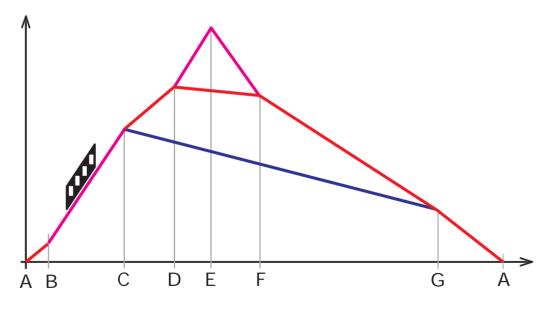
14:00 - 18:15 Hiking to restaurant Salastrains



19:02 – 19:27 Train ride back to Zuoz

20:00 - 21:00 Dinner

Profiles



Level Easy/1 **ABCGA** Level Enjoy/2 Level Hurry/3 Level Run/4

ABCDFGA ABCDEFGA ABCDEFGA

6 km $+100 \, \text{m}$ 15 km $+300 \, \text{m}$ 16 km $+650 \, \text{m}$ 19 km +1250 m

-700 m -900 m -1250 m -1250 m



Hike St. Moritz - Corviglia - Suvretta

Checkpoints

Point	Description	Heigth ASL	Difference
Α	Station St. Moritz	1775 m	
В	Lower station Corviglia	1990 m	+115 m
С	Upper station Corviglia	2486 m	+596 m
D	Branching Piz Nair	2683 m	+197 m
E	Piz Nair	3022 m	+339 m
F	Lake Suvretta	2651 m	– 371 m
G	Restaurant Salastrains	2048 m	– 603 m
Α	Station St. Moritz	1775 m	– 273 m

Information

Adresses

Organisers Anita Van Loon-Govaerts +41 79 506 18 44
Michael Spira +49 173 670 49 16
Restaurant Hotel/Restaurant Salastrains, Via Salastrains 12,
7500 St. Moritz, +41 (0)81 830 07 07
Emergency Ambulance Tel. 144 or Helicopter Tel. 1414

Remarks

- The weather can change quickly in the mountains. Don't forget a windjacket and sunscreen.
- Hiking boots are strongly recommended for Piz Nair.
- Participation is at your own risk. The organisers shall not assume any liability whatsoever for any accident or personal injury suffered by participants. You are advised to have the necessary insurance coverage.
- Only the scheduled trains are paid by the organiser.

Later trains back to Zuoz.

St. Moritz	20:02	21:02	22:02	05:10
Zuoz	20:25	21:25	22:25	05:30