

## Schedule

- 10:30-12:00 Lecture
- 12:00-12:05 Catch lunch
- 12:05-12:20 Walk to Zuoz train station
- 12:27-12:30 Train ride to S-chanf (departure at 12:27)
- 12:30-17:30 Main hike and lunch
- 17:30-18:00 Meet up and refreshments at Hut Varusch
- 18:00-18:30 Ride back to Zuoz with Express Parc Naziunel for group I
- 19:00-19:30 Ride back to Zuoz with Express Parc Naziunel for group II
- 20:00-21:00 Dinner

### Route 1, ABCEF, approx. 9km, Height diff. ~200m

| Leg   | Description                              | Approx. Distance |
|-------|--|------------------|
| A → B | Station S-chanf → Parc Naziunal bus stop | 2.5 km           |
| B → C | Parc Naziunal bus stop → Alp Purcher     | 4.5 km           |
| C → E | Alp Purcher → Alp Purcher                | 0 km             |
| E → F | Alp Purcher → Hut Varusch                | 2 km             |

### Route 2, ABCDEF, approx. 14.5km, Height diff.~ 400m

| Leg   | Description                              | Approx. Distance |
|-------|--|------------------|
| A → B | Station S-chanf → Parc Naziunal bus stop | 2.5 km           |
| B → C | Parc Naziunal bus stop → Alp Purcher     | 4.5 km           |
| C → D | Alp Purcher → Alp Trupchun               | 3 km             |
| D → E | Alp Trupchun → Alp Purcher               | 2.5 km           |
| E → F | Alp Purcher → Hut Varusch                | 2 km             |

Please visit the web page of the Park for important information, e.g.

[www.nationalpark.ch/go/en/visit/hiking/protection-regulations/](http://www.nationalpark.ch/go/en/visit/hiking/protection-regulations/)  
[www.nationalpark.ch/go/en/flora-and-fauna/animals/](http://www.nationalpark.ch/go/en/flora-and-fauna/animals/)  
[www.nationalpark.ch/go/en/visit/hiking/](http://www.nationalpark.ch/go/en/visit/hiking/)

## Information

### Addresses

|                   |                         |                     |
|-------------------|-------------------------|---------------------|
| <i>Organizers</i> | Anita Van Loon-Govaerts | +41795061844        |
|                   | Michael Spira           | +491736704916       |
| <i>Emergency</i>  | Ambulance tel. 144      | Helicopter tel 1414 |

### Remarks

- The weather can change quickly in the mountains. Don't forget a wind jacket and sunscreen.
- Good shoes are necessary, hiking boots are strongly recommended.
- Participation is at your own risk and you are advised to have the necessary insurance coverage.
- Please visit [www.nationalpark.ch](http://www.nationalpark.ch) for important Information regarding the Park Protection Regulations.
- Only the scheduled trains at 12:27 and the ride with Express Parc Naziunel are paid by the organizer.

### Later trains to Zuoz

|                |       |       |       |       |
|----------------|-------|-------|-------|-------|
| <i>S-chanf</i> | 20:23 | 21:27 | 22:27 | 23:18 |
| <i>Zuoz</i>    | 20:27 | 21:33 | 22:33 | 23:23 |





