Schedule

- 10:30-12:00   Lecture
- 12:00-12:05  Catch lunch
- 12:05-12:20  Walk to Zuoz train station
- 12:27-12:30  Train ride to S-chanf (departure at 12:27)
- 12:30-17:30  Main hike and lunch
- 17:30-18:00  Meet up and refreshments at Hut Varusch
- 18:00-18:30  Ride back to Zuoz with Express Parc Naziunel for group I
- 19:00-19:30  Ride back to Zuoz with Express Parc Naziunel for group II
- 20:00-21:00  Dinner

Route 1, ABCEF, approx. 9km, Height diff. ~200m

<table>
<thead>
<tr>
<th>Leg</th>
<th>Description</th>
<th>Approx. Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>A → B</td>
<td>Station S-chanf → Parc Naziunal bus stop</td>
<td>2.5 km</td>
</tr>
<tr>
<td>B → C</td>
<td>Parc Naziunal bus stop → Alp Purcher</td>
<td>4.5 km</td>
</tr>
<tr>
<td>C → E</td>
<td>Alp Purcher → Alp Purcher</td>
<td>0 km</td>
</tr>
<tr>
<td>E → F</td>
<td>Alp Purcher → Hut Varusch</td>
<td>2 km</td>
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Route 2, ABCDEF, approx. 14.5km, Height diff. ~400m

<table>
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<tr>
<td>A → B</td>
<td>Station S-chanf → Parc Naziunal bus stop</td>
<td>2.5 km</td>
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<tr>
<td>B → C</td>
<td>Parc Naziunal bus stop → Alp Purcher</td>
<td>4.5 km</td>
</tr>
<tr>
<td>C → D</td>
<td>Alp Purcher → Alp Trupchun</td>
<td>3 km</td>
</tr>
<tr>
<td>D → E</td>
<td>Alp Trupchun → Alp Purcher</td>
<td>2.5 km</td>
</tr>
<tr>
<td>E → F</td>
<td>Alp Purcher → Hut Varusch</td>
<td>2 km</td>
</tr>
</tbody>
</table>

Please visit the web page of the Park for important information, e.g.
www.nationalpark.ch/go/en/visit/hiking/protection-regulations/
www.nationalpark.ch/go/en/visit/hiking/

Information

Addresses
- Anita Van Loon-Govaerts   +41795061844
- Michael Spira              +491736704916

Emergency
- Ambulance tel. 144
- Helicopter tel 1414

Remarks
- The weather can change quickly in the mountains. Don't forget a wind jacket and sunscreen.
- Good shoes are necessary, hiking boots are strongly recommended.
- Participation is at your own risk and you are advised to have the necessary insurance coverage.
- Please visit www.nationalpark.ch for important Information regarding the Park Protection Regulations.
- Only the scheduled trains at 12:27 and the ride with Express Parc Naziunel are paid by the organizer.

Later trains to Zuoz